

cycling utah

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Club Guide - See Page 6

- Club Guide - p. 6
- Calendar of Events - p. 14
Over 200 Events to choose from!
- Porcupine Rim Trail - p. 3
- Results - p. 16
- Moab Advocacy - p. 4
- Redline Cup - p. 10
- Red Rock Desert Rampage - p. 11
- Race, Race, Race - p. 17
- Winter turns to Spring - p. 2
- Notes from the Editor - p. 20



SPEAKING OF SPOKES

Coming Out of Hibernation

By Dave Ward
Publisher

I wonder what a bear feels like when he awakens in the spring and leaves his dark surroundings to emerge into the daylight of a spring day? The metaphor comes to mind as I anticipate the completion of this winter's spin class and my own return to the roads outside.

For the last two years, I have participated in a four-month long spinning program designed by J. R. Smith and conducted at the Sports Mall fitness club from mid-November through mid-March. The class is conducted in a dark room with music (noise to my ears) of varying levels, depending on the proclivities of the instructor for the day, and with fans whirring away. Apparently, I get colder more easily than most as I search for the bike most shielded from the fans.

I like this class because it provides a structured program for maintaining fitness through the winter and for maintaining and honing my pedaling technique and cadence. Mostly, though, I do the class because I am rarely able to ride outside during the winter. Thanks to this class, I do not have to rely upon my own spotty motivation or questionable training program to get me through an indoor winter



season. And I need a good program to avoid too much weight gain and fitness loss.

I also like this class for the executive workout afterwards. A few minutes in the steam room and hot tub followed by a nice shower is a relaxing reward for the early morning effort and gets my day off to a good start.

Still, let's be honest. A spin class is grunt work exercise, while riding outside is fun. The dark confines and loud music have taken their toll, and I am yearning to emerge from this noisome cave to the sights, sounds and sensations of cycling outdoors. I want to breath the fresh air instead of the sweaty perspiration of myself and fifteen other spinners. I want to be pleasantly distracted by the surrounding sights and sounds instead of being doggedly focused on my heart rate, cadence and workout intensity.

I am tired of zone 4A, 4B and 5 workouts that require all I have, when riding and racing outside gets my heart rate in

those zones with much less pain and strain. Or at least in conditions that distract me from the pain and strain. I am tired of hearing, "Two more minutes and we're heading out" when in fact we are heading nowhere, but only twisting the tension knob down tighter while our eyes bore into those numbers on the heart rate monitor, willing our heart rates higher.

Lest this sound harsh, I am not being critical. I like the program. I think it is well-designed and I like what it does for me. I like its progressive training plan so that I emerge in the spring much more prepared for the upcoming cycling season. Next fall, like the bear returning to his cave after a long and full summer, I will be returning to the dark confines of the spinning class room.

But for now, I want out. I am anxious to be bicycling outside, and am looking forward to the upcoming season.

Cover Photo:
Gary Marcoccia in
Canyonlands, UT.
by Adam Clark



Craig Baxter, Spin Leader Mark Sanders, Tim Hoj, Tony Parkinson, and Scott at the Sports Mall Cycling Camp Spinning Class

Photo: Dave Ward

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TRAIL OF THE MONTH

A Moab Classic: The Porcupine Rim Trail

By Gregg Bromka

I get into a bit of a rut whenever I make my semi-annual pilgrimage to Moab. Of the dozens of rides in the self-proclaimed center of the mountain biking universe, it seems I end up riding the same trails over and over. In the spring, I assume the role of tour director for first-time friends or less-experienced riders. During fall, I lend a hand with guiding duties at the Canyonlands Fat-Tire Festival. Inasmuch, I can ride a half dozen or so rides blindfolded: Gemini Bridges, Poison Spider Mesa, Flat Pass, Klondike Bluffs, Amasa Back, Slickrock, and, of course, Porcupine Rim. (Disclaimer: The author does not endorse, imply, or in any way suggest riding while blindfolded, which can result in accident, injury, or death, not to mention all the sublime views that will be missed.)

Porcupine Rim takes you to Moab's "high country," by local standards, and to an overlook of redrock monoliths poking up from Castle Valley and to vistas of naked sunburnt rock bubbling up all over the place. For millennia, the formations Castle Rock and Priest and Nuns have preached a silent sermon to a congregation of canyons, mesas, and mountain peaks. You, too, will be enlightened by their desert oration from Porcupine Rim's 1,000-foot altar.

Riding conditions are bitter-sweet, and your upper body may take a greater beating than your legs. On the climb to the Rim, you'll pop a hundred wheelies as you face a barrage of sandstone ledges. The Rim road is like riding a barbaric paint-shaker fashioned from the show Junkyard Wars. And the famous Jackass Canyon singletrack descent is a raw test of one's bike handling savvy and capacity for high places - it's blissful for some or a despairing walk for others. But when you factor in where you've been, where you're going, and the sights enjoyed along the way, Porcupine Rim is truly a world-class ride.

General location: 10 miles east of Moab.

Distance: 14.8 miles point-to-point or a 30.5-mile loop.

Tread: 11.7 miles of sand, pebble, and broken slickrock doubletracks; 3.1 miles of dirt and ledgy singletrack.

Aerobic level: Strenuous. Almost all of the climbing is tackled within 3.5 miles of the starting gate. The rest is generally downhill, but the overall rough conditions, dry desert air,

and constant adrenaline can drain your fuel tank quickly. As a loop, Porcupine is expert-level and requires all day to complete.

Technical difficulty: Level 3-5. Broken slickrock steps (level 4) on the climb. Sandstone "chatter strips," ledges, and drops on the Rim road (level 3-5). Narrow, rocky, ledgy singletrack descent with several mandatory dismounts and portages, plus trail-side cliffs (level 4-5).

Elevation change: Trailhead: 5,840 feet. Porcupine Rim: 6,800 feet. Trail end: 4,000 feet. Total gain: 1,200 feet.

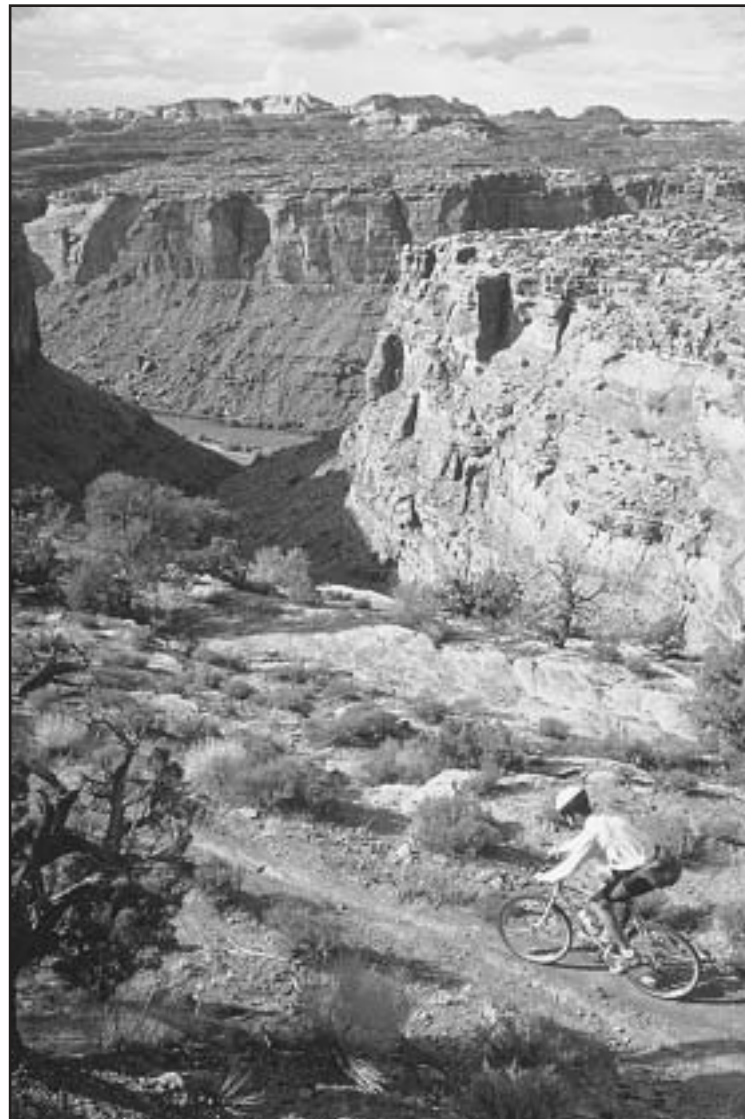
Season: Spring (April to mid-June) and fall (September through October). The Rim can be cool and breezy, so pack extra clothes.

Finding the trail: To arrange your shuttle, first drive 2.5 miles north from Moab. Turn right on UT 128, and travel 3.1 miles along the Colorado River to the Negro Bill Canyon trailhead. Return to town, follow signs for Slickrock Bike Trail, and continue on 6.5 miles on Sand Flats Road (light-duty sand and washboards) to the trailhead/parking area.

Notes on the trail: Take the doubletrack at the northeast corner of the parking area, descend a bit, and then start climbing along the upper reaches of Negro Bill Canyon. After 1.9 miles, stay straight/left where a doubletrack forks sharply right, and keep testing your might against the rock-jumbled road. There's a brief but welcomed respite where the track bends north, but you must inch up one more inclined slab of rock to reach the first rim-edge viewing deck. You can't miss it because it's typically cluttered with bikes and bodies. Join the pack and share the view.

Porcupine Rim is a ruler sharp escarpment rising 1,000 feet above the wide gape of Castle Valley, which is interrupted by a solitary mesa. On it, Castle Rock and Priest and Nuns has served as backdrop for many commercials and movies. Somewhere on the timbered flanks of the La Sal Mountains, Kokopelli's Trail makes its way toward Moab from Loma, Colorado.

Back on board, continue northward along "Super Polygrip Road," while noting dentures, bike bolts, and water bottles that have been jostled clear of their rightful owners. Gradually, the road veers away from the rim as it begins descending; then it turns more westward, passes Coffee Pot Rock in the distance, and skirts the port side of a



Bob descends the righteous Jackass Canyon singletrack.

Photo by Gregg Bromka

widening valley. Numerous spur roads fork left and right, so keep one eye peeled for posts and cairns marking the main route and the other eye scanning for the many "surprises" in the trail.

About 11 miles from the trailhead, you climb a sharp hill and come to a major junction where the left fork is posted "Dead End." (This is where two lads lost their way in 1996 and died two days later while trying to correct their error.) Get the hint? Go right for the righteous single-track.

Initially, the smooth sand trail reels you in at high speed, but it changes quickly to a slow-paced trials course edging the ever-deepening Jackass Canyon. Loosen the tension on your clipless pedals and be careful where you put your front wheel; a tumble will be nasty if not fatal. Besides, a prudent dismount will allow your eyes to wander from the trail to the glorious sight of the Colorado River far below and of Arches National Park beyond the deep river gorge. Bend through a side canyon ("portage" is better term), and welcome tamer conditions down to the highway.

Excerpted from Mountain Biking Utah by Gregg Bromka.



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ADVOCACY

Advocating Moab - Trail Mix and the Moab Trails Alliance

By Ron Georg

Utah mountain bikers know Moab well enough to forgive its foibles; in fact, many probably find Moab's primitive trail experience endearing. After all, there's a deep satisfaction in learning a place by compass and map, in knowing terrain by contour lines and landmarks.

Early visitors always came to try the Slickrock Trail first. After a few times around that short but fantastic loop, most would be enticed into the vast landscape. While they'd never find another Slickrock—there is only one—they'd soon discover this area is unlimited in potential, with thousands of miles of rugged mining and ranching roads to lead a rider up rims, down canyons, and deep into prehistory.

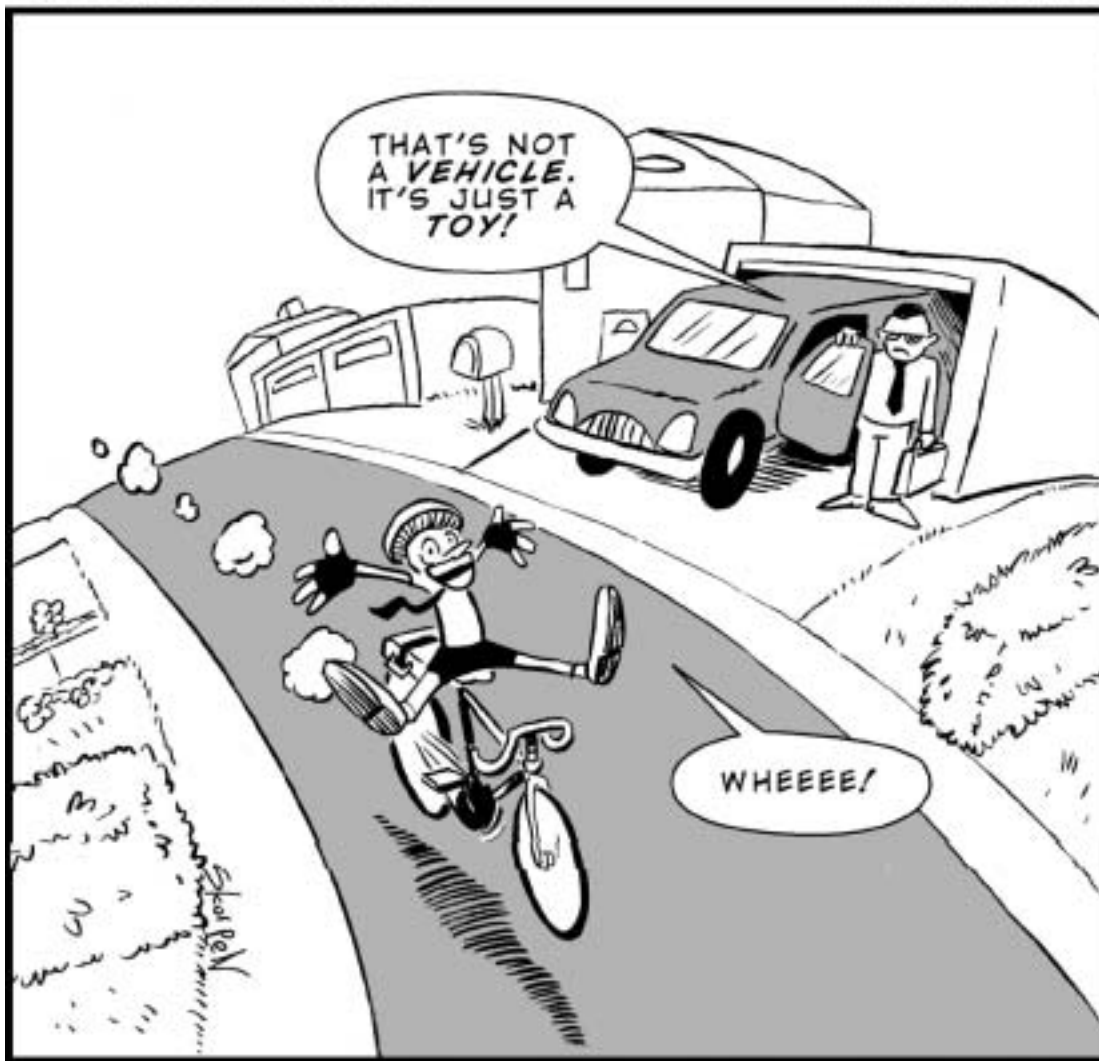
However, at the risk of lapsing into some back-in-the-day nostalgia, early mountain biking attracted a different demographic. Moab mountain bikers in the early 80s were more likely to be Deadheads on a break from tour, students road tripping around the west, ski bums moving in their itinerant cycles, touring cyclists excited to leave traffic behind, and even the occasional roadie bored of hearing his gears wind.

They had time, and they had backcountry skills. For many, being lost was part of the adventure, and being late for wherever they needed to be next wasn't an issue. So they explored, and they reported back to their friends. Guidebook writer Todd Campbell, with a host of local riders, took it a step further, exploring every route he could find, and assembling the recommendations into Above and Beyond Slickrock, still the definitive Moab guidebook.

Some of those routes grew extremely popular, and the Bureau of Land Management responded with minimal marking to offer subtle guidance.

CYCLOTOON

BY NEAL SKORPEN



Meanwhile in town, Moab's first bike shop, Rim Cyclery, was joined by others, now up to five. As more cyclists moved to Moab to staff the bike shops and guide the outfitters' clients, the city responded with a network of bike lanes on Moab's wide boulevards, and city planner David Olsen spent years developing the Millcreek Parkway, which traverses Moab roughly east to west.

So, given that brief, spotty history, what could be wrong? Moab's bike shops are thriving, trail access is excellent, and even

many of the hotels have come around to the idea that cyclists have an emotional need to bring their bikes into their rooms (yes, many of us do bring them into our own living rooms). Even the International Mountain Bicycling Association's Trail Care Crew, in their presentation on the value of trails to a local economy, uses Moab as a shining example.

Well, as any bicycle activist knows, advocacy is not an end goal. Demographics change, use patterns shift, and public support ebbs and flows. All of these

things have happened to bicycling in Moab, for the industry and for riders. Perhaps we'd assumed that cycling is such an integral part of Moab life, with economic and social impacts, that all of the decisions would automatically go our way. That hasn't happened.

A couple of years ago, a few public officials noted the lack of a plan for our trail system—in fact, the lack of a system. Russ Von Koch, from the Bureau of Land Management, and David Olsen, worked with Grand County Council Member Kimberly Schappert to form Trail Mix, a county-sanctioned committee devoted, according to their mission statement, to “promoting and developing non-motorized trail opportunities in the greater Moab area.”

With that mandate, the group of cyclists, equestrians, and hikers has met monthly, for the past two years, to identify trail needs in the area. From the start, the committee recognized that the biggest problem was the lack of connectivity, both in fact and in perception. In other words, you couldn't easily hop on a bike route in town, pedal to a trail, explore the backcountry, all while feeling like you were enjoying part of the world's most famous trail system.

As places like Durango,

Fruita, Park City, and Denver have all developed well-marked and coordinated systems, that's what visitors are coming to expect. Newcomers to Moab are surprised to discover they'll have to find trailheads with little signage to guide them, and that they'll be relying on maps and guidebooks to navigate many local routes. Repeat visitors seem just as surprised when they've tried all the famous routes, the ones that are marked, only to find there's nothing new being developed.

So Trail Mix has taken on the daunting task of retrofitting Moab's old trail system while looking forward to developing new opportunities for non-motorized users from town out to the surrounding desert and mountains. For 2002 and 2003, the county gave Trail Mix a \$10,000 annual budget, which was matched in 2002 by the BLM. With that, Trail Mix hired a Master Plan Coordinator, Candee Pearson, to put the group's goals on paper, and they hired a Trail Coordinator, me, to see those goals through.

My first assignment was to begin a volunteer program. We held our first Trail Mix Trail Day in September, and trail work gained sudden momentum. About 20 people turned out to work on the Trans La Sal Trail in the La Sal Mountains, and Forest Service officials were amazed by the quality and quantity of work. Part of the credit has to go to members of a National Park Service trail crew who showed up and almost casually built a durable causeway to house a small culvert.

Since then, monthly volunteer days have provided public visibility for Trail Mix's goals while making a difference on the ground. Volunteers reclaimed a section of the Porcupine Rim singletrack which had grown hopelessly braided; again the NPS volunteers were instrumental in moving tons of rock to form a permanent, stepped route into a difficult gully. Volunteer crews have also built a small bridge to cross a creek downtown, and they've repaired ten years worth of damage on the Portal Trail (see sidebar).

All of this has given Trail Mix greatly increased credibility with land managers and agencies, and has opened the door for bigger projects. However, many of the group's larger goals require money, and anyone who's paid attention to government budgets knows the county's contribution won't buy much bike path, or many signs, or even much manpower. So, members

Continued on page 12



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Advocacy News

Spring Clean Bike Drive - Donate Your Bike

Do you have an old used bike that isn't getting any exercise? The Salt Lake City Bicycle Collective is holding its first annual Spring Clean Bike Drive to help get that bike under the seat of a new owner. The Collective is a pending nonprofit with a mission to increase the use of the bicycle for transportation through recycling bikes and community outreach programs. Used bikes and parts will be accepted from 9am to 4pm on March 15 at the State Fairgrounds (the Bike Swap), March 22 at Murray Park (5300 S State), and March 29 at Fitts Park (500 E 3050 S). For more information, call Jason at (801) 485-2906 or www.slcbikecollective.org.

-Jason Bultman

Salt Lake City's Pedal Pass Program

Question: what would encourage you to ride a bike to a location instead of drive a car? Well bike lanes would make roads safer, and bike racks help, but what about a discount on food or a movie? After all, not contributing to congestion and air/noise pollution in our community and limiting our country's oil consumption deserves some rewards right?

The Mayor's Bicycle Advisory Committee is launching a new program this spring called the bicycle commuter "Pedal Pass". The pass will be a wallet-sized card that will be available to anyone willing to read the Utah Bicycle Laws and Safety Guidelines manual. Certain businesses will be offering discounts to folks who ride a bicycle to their establishment and carry a pedal pass. All participating businesses will be printed with the pedal pass literature and other community newsletters and magazines. We are still in the process of talking to businesses and will be printing by mid-March. Please help spread the word so we can make this program successful!

Any questions about the pedal pass program can be directed to Lisa at the Mayor's Office at 535-7939.

-Jason Bultman

MBAC wants Input on New Road Construction

The Wasatch Front Regional Council (WFRC), the municipal planning organization for our area needs your input. The WFRC recently completed a thirty-year plan for road and transit projects. Unless we (the cycling community) hold their feet to the fire they will build projects that further compromise cyclists' safety. To offer WFRC some guidance: log onto their site (www.wfrc.org); review their plans for road and transit projects in the areas where you currently cycle, particularly the projects that will be completed in the next ten years; post your comments to the advocacy - road forum at www.cyclingutah.com/core/forums/ and the MBAC will compile your suggestions for WFRC's bicycle planner, Jory Johner (jjohner@wfrc.org; 363-4230 ext. 110).

-Mark Smedley

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Ogden One
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Cycling Utah's 2003 Bicycle Club Guide

Bonneville Bicycle Touring Club

Sponsors - Bingham's Cyclery
 Contact - Penny Perkins, (801) 486-8140
 president@bbtc.net or Raleigh Fehr, (801) 943-2117
 vicepresident@bbtc.net
 Website - www.bbtc.net
 Type of Cycling - road touring/recreational
 Location - Salt Lake City with many rides in the Ogden, Provo and Logan areas.

Club Statement - The Bonneville Bicycle Touring Club (BBTC) is a club of both road & mountain bike cyclists with more focus on touring & day riding rather than racing. The club sponsors weekly rides which are listed on the web site and in the club newsletter. The club also leads major rides such as the Utah Lake Century Epic Ride (ULCER) and Little Red Riding Hood - Women's only metric century and fund raiser for Huntsman cancer. Members receive monthly newsletter and ride schedule along with other benefits.

Canyon Bicycles

Sponsors - Canyon Bicycles
 Contact - Mike Pratt, (801) 576-8844,
 mikep@aros.net
 Website - Canyonbicycles.org
 Type of Cycling - Road Racing, Mtb Racing, Bmx Racing, DH, and Freeride. Also recreational road & mtn rides.
 Location - Canyon Bicycles, 762 E. 12300 S. Draper

Club Statement - Canyon Bicycles road club was established in 1993 and we have been involved in all types of cycling since. In the summer we do a lot of fun rides most of which leave from one of the Canyon Bicycles locations. We have a road ride open to everyone, every sunday, at Canyon Bicycles in Draper. Call 576-8844 for the ride time. Our big goal for the year is to try to get our weekly Draper MTB series going again and to have fun.

Cole Sport Race Team

Sponsors - Cole Sport, Bell Helmets, Smith Eyewear, and
 Contact - Sports Instruments Heart Rate Monitors
 Website - Jon Gallagher,
 jonbear68@msn.com, (435) 901.8872
 Type of Cycling - none
 Location - Park City, UT

Club Statement - We race road, mountain and cyclocross and are based in Park City. Our roster for 2003 is closed. Our primary goal is to develop road riding in Park City through our Thursday night social ride at 6 PM. Our secondary goals are to develop our own riders for entry level road racing, to continue our success on the Intermountain Cup circuit, and to continue promoting and successfully racing at the Utah Cyclocross Series.

Color Country Cycling Club

Sponsors - Cedar Cycle, Bikes Unlimited, Red Rock Bicycle Co.
 Contact - Quinn Pratt, 435-586-5210, quinpratt@infowest.com
 Website - www.cccycling.org
 Type of Cycling - road, mountain, racing, touring, trail advocacy
 Location - Cedar City and St. George, UT

Club Statement - We are the Color Country Cycling Club, located here in Southern Utah, home of some of the best year-round riding on the planet! Our members are active in many aspects of cycling including both road and mountain biking, from touring to racing, as well as trail maintenance and local access issues. We support an IMBA affiliated National Mountain Bike Patrol group and we have adopted and maintain many miles of trails in our area. If it involves cycling in Southern Utah, you can bet the CCCC is there. We have something to offer most cyclists and their interests, so come and join us! You'll have a great time!

Dixie Desert Cycling Club

Sponsors - No major sponsors
 Contact - Dave Barnett,
 davedebb@msn.com
 Website - www.dixiedesertracing.homestead.com
 Type of Cycling - recreational road and mountain, mountain racing, road racing, mountain and road endurance events
 Location - St. George, Utah

Club Statement - We are a community cycling club of about 60 members. We encourage cycling as an individual, group and family activity. We have members involved in recreational riding, mountain bike racing, road racing, mountain and road endurance events, and triathlon. We are an IMBA Mountain Bike Patrol Unit and work with the BLM to maintain and develop local trails.

D.O.D Racing

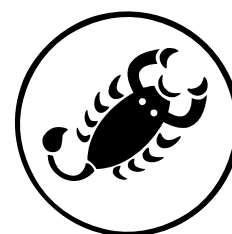
Sponsors - Lizard Skins, Marzocchi
 Contact - Judge Leverich, (801) 756-5014,
 Psycho_Downhill_Racer@yahoo.com
 Website - groups.yahoo.com/group/dodracing/
 Type of Cycling - Downhill Racing/Riding, Freeriding, Trials/Urban.
 Location - Salt Lake City and American Fork.

Club Statement - Our team is all about having fun on our bikes and promoting the sport and our sponsors. We are also focused on developing junior racers and getting more people involved in the sport, both male and female. We race all over the West, take regular road trips to Southern Utah and yearly adventures up to The Shore. The club side of our team is for those not fully into the racing scene.

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Contact - Ryan Littlefield, 801-364-0344, contenderbicycles@aol.com

Website - none

Type of Cycling - Road Racing

Location - Salt Lake City, UT (Contender Bicycles)

Club Statement - The idea behind starting this team was to field a highly competitive, Category 1-2 race team that would proudly represent some great local sponsors. By the start of the second season, the team's scope has broadened to include a number of riders in all five categories, a women's team that competes in national caliber events such as the Redlands Classic and the Idaho Women's Challenge, and a group of junior riders who are climbing the ranks.

Guthrie Race Club

Sponsors - Guthrie Bicycle, GU Energy Gel, Spy Optics

Contact - Chan Head, 801-363-3727, evolution93@hotmail.com

Website - www.guthriebicycle.com

Type of Cycling - Road, Cyclocross, Mountain Bike (XC and DH)

Location - Salt Lake City

Club Statement - Guthrie Race Club is relatively new to the Salt Lake City Race scene. None-the-less, we pride ourselves on the fact that we have established one of the most diverse race teams in the valley. Our focus is to provide support for aspiring amateur athletes. Thus, the team is represented at almost every ability level in virtually all types of bicycle racing. Just like our namesake sponsor, Guthrie Race Club does it all!

Healthy Choice - Guru's Cycling Team, Logan Race Club

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Contact - Marc Yap, President, 435.770.8020, loganraceclub@hotmail.com

Website - www.loganraceclub.org

Type of Cycling - Road (competitive and recreational) and mountain biking.

Location - Logan, Utah

Club Statement - The Logan Race Club is an amateur grass-roots racing club of over 100 members dedicated to the development of local riders of all abilities and interests, from recreational to competitive, and from novice to national caliber. Aiming to create opportunities for its members to improve their cycling skills and knowledge, the club educates, mentors, and provides the means by which individuals may achieve their personal goals through their involvement with other club riders. The Logan Race Club is also committed to community and charity involvement and to the development of its sponsors.

Jans MTB Team

Sponsors - Jans Mountain Outfitters, Trek, XL-1

Contact - Todd Henneman, 435-649-4949 or Jason Travis, 435-655-5588, JTravis@ETHUS.JNJ.com

Website - www.jans.com

Type of Cycling - MTB Racing, Road Racing

Location - Park City, UT

Club Statement - Our goal is to race the intermountain region race schedule as well as the crit and TT series. We plan to have two top ten UCA overall placings and two top ten Crit series overall placings.



Former Utahn Dangerous Joel Kath on the triples at the Redline cup Photo: Dave Iltis

MiDuole Team

Sponsors - 9th & 9th Shopping Center, Barbacoa Mexican Grill

Contact - Ken Jones, kjones2@joneswaldo.com

Website - www.miduole.com

Type of Cycling - Road racing and touring

Location - Salt Lake City

Club Statement - The heart of the club is weekend century rides and longer road races, especially Lotoja and climbing events, and especially in the Masters groups. There are many who race, and many who don't. A large group also turns out for the weekly criteriums at the Rocky Mountain Raceway. The club is putting on the Herriman Road Race on June 14, and is sponsoring a junior team. Club dues are \$25.

New Moon Cycling

Sponsors - New Moon Media, LLC: Integrated Brand Management, Corporate Identity, Interactive Development

Contact - Bill Cutting, 801-983-9310, bcutting@newmoon-media.com

Website - www.newmooncycling.com

Type of Cycling - Road racing, mtb racing, road touring, recreational mtb, cyclocross

Location - Salt Lake City, UT

Club Statement - We are a group of roughly 80 cycling enthusiasts that traces our club's founding to the mid-80s. Most of us race--some more seriously, some less. But we count fitness riders, long-distance tourers, and connoisseurs of classy jerseys among our ranks, too. Whether you are an aggressive competitor looking for teammates and support, a newcomer hoping to try racing for the first time, or a weekender in search of riding partners, the Utah Premier/New Moon team atmosphere will enrich your cycling experience.

Ogden One Cycling Club

Sponsors - Harristone, Sun Valley Mortgage, The Bike Shoppe, Skank Aggressive Sportswear

Contact - Shawna Rowley, Club Secretary, srowley@weber.edu, (801) 393-9061

Website - www.cyclingogden.com

Type of Cycling - Mainly road, but we welcome everyone!

Location - Ogden, Utah

Club Statement - The Ogden One Cycling Club was created in 2002 as a non-profit organization to support cycling in the Ogden community. It is a friendly encouraging club which promotes cycling at all levels and categories, from the serious racer to the recreational rider. We volunteer our time and services to help out when

needed. We plan on sponsoring multiple races in 2003, including some time trials at Antelope Island. We provide sponsorship for races and team members. Family participation is encouraged.

Porcupine / Bicycle Center

Sponsors - Porcupine Pub & Grille, Bicycle Center

Contact - Jason Long, (801) 484-5275, teambicyclecenter@yahoo.com

Website - www.teambicyclecenter.org

Type of Cycling - Road Cycling

Location - Salt Lake City

Club Statement - Team Porcupine / Bicycle Center was formed last year by brothers Jason and Jeremy Long. The team got off to a quick start and gained momentum throughout the season by adding new talent. In 2002 we had a number of top finishes in UCA and Crit Series events. For 2003 the team is looking to capitalize on the 2002 success by not only being dominant in the local racing scene but by setting our sites on National level events. With great off season enthusiasm and the addition of some strong talent and experience, we plan to hit the ground running (riding fast).

Racer's Cycle Service

Sponsors - Racer's Cycle Service, Endurance Works, Bontrager Wheelworks & Components

Contact - Gabe Williams, gamywilliams@attbi.com or Jared Gibson, racer@racerscycleservice.com, 801-375-5873

Website - www.racerscycleservice.com

Type of Cycling - MTB Racing & Road Training

Location - Provo, UT, 163 N University Ave.

Club Statement - Our goal is to have fun racing mountain bikes. We are a diverse group with all classes from pro to beginner. Join us for our soon to be famous "Sabbath Breakin'

Continued on page 18



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Route 211

Some of My Favorites

by Greg Overton

Much of my life for the past twenty-five years or so has revolved around cycling. From a supplemental fitness program for my lofty goals as a young tennis player to the realization that I liked going places on a bike more than chasing a fuzzy ball around a green rectangle. That "don't fence me in" realization parlayed into years of racing bikes, because going places *fast* on a bike became more fun than just going places on one. Since then, everything from selling them to repairing them, even to a bit of designing them has been fun. After a few years, those things can get hectic and it can start to feel like being fenced in at the green rectangle again, so I live vicariously through the different groups that make up our bike culture.

And lately I've been fortunate enough to be in *e-touch* with a lot of bike folks out in the cycling world. Believe me, there are many branches on the bike family tree around this wobbly sphere, and I find myself giggling often as I get to know a bunch of 'em. Let me tell you about some of my favorites, and I'll bet at some point, you'll nod in agreement because you know someone similar to someone on this page.

I love the folks out there who still use their bikes as utility machines, commuting year round in all kinds of weather.



These are the customers who buy items like full fenders (metal, of course), and adjustable stems because their riding position is determined by the amount of snow on the road. They have a love and reverence for Bridgestone bicycles and Suntour components - two companies known for their no-frills functionality and durability (key factors in those two company's no longer being around), and platform pedals (nice ones) with toe straps. Their bikes are decked out with all manner of lights, reflective tape, racks and the little piece of old tire cut to fit at the bottom of those metal fenders. And let's not forget the taped-over, computer-typed gear chart on the stem. You know this guy don't you? Please do not misunderstand, I'm not mocking, I really like these guys. They reject trends and they can see right through marketing hype. They make comments like, "yeah, it's light and all those colors look pretty, but I'll bet it can't handle road salt for more

than a couple years." These are the guys who email me photos of their bikes with the new metal fenders I sent them, after the piece of old tire is mounted at the bottom, of course!

I dig alternative uses of cycles as well. Recently shipped out some big fat downhill tires to a guy in Florida! As I packed the box, I wondered aloud what in the world someone in Florida would want to do with downhill tires. A few days later, an email came from the customer that the tires arrived and were working great. Then he gave a description of his off-road unicycle, and how the heavy tires kept it from bouncing all over the place on the root-crossed trails. Didn't think of that one, but I understand, and I'm hip. Unicyclists are a dedicated bunch. I've gotten varied stories extolling the virtues and many uses of this wheel-impaired contraption. There are a few folks who live out near the end of the branch on the cycling family tree who commute by unicycle year-round. And not just in warm places like Florida! You may know one of these distant relatives. If you see him, please give him a pat on the back from me; but not too hard, he may fall on his face.

From all appearances, Japanese enthusiasts are currently very smitten with old French bicycles and components. That's

right, those plastic Simplex derailleurs that we often times used in a horseshoes-like game involving the trash can on the far side of the shop. Ooh, I wish I had all those derailleurs now, because black plastic, hardly functional shifting devices are second only to a few acres of vacant ground in Tokyo these days. And decent old Motobecanes and Peugeot that were forgotten here a couple of decades ago are like, well, Treks or Cannondales to many of those folks. Maybe they know something about the virtues of pretty good quality Reynolds 531 frames that we haven't learned yet. Well... some of you out there haven't learned yet, even though some of us are still spreading the gospel. Can I get a witness? In this country?

BMX riders are getting pretty cool in my mind lately as well. I like them for some of the same reasons I like the uber-commuter mentioned earlier on this page. BMXers are concerned with one thing - coming back down and staying in one piece. It's all about amp, how high you can get, until gravity wins the arm wrestle and sends the earth at you much faster than you left it. This makes the BMXer's main concerns revolve around strength. How strong is the frame? How strong is the crank? Are the wheels strong? Stem? Bar? Pedals? Dude, forget the weight, are these parts going to allow me to live to ride (ride to live) another day? Will I be able to ride through my favorite lawns on the way home after this huck? I think these cyclists - yes, I said cyclists! - are refreshing because of their ability to over-

look hype as well as the commuters do. Even the bike manufacturers know better than to mess with this market segment. Most of them still build bikes out of good old 4130 cromoly. Heavy tubing, fat welds, gussets to add strength, beefy dropouts, it's all still on BMX bikes. Are they not evolving? Don't they know about Scandium et al.? I like them because they don't care about that. "Scandium? Haven't heard of it, but is it strong, Dude?" Cool.

There are a couple of latter day branches that I think came from the BMX limb. Bike messengers are the urban Pony Express riders living in hostile territory. Break a chain mid lane-change and you may as well be living a hundred years ago with a horse that broke its leg in unfriendly territory. Your future is bleak. Therefore, these guys care more about strength of steel than shiny multi colored stickers and color coordinated tires. Drainage grates are tough on color coordinated tires. The other branch, I don't understand, but I like 'em. Urban riders, stair riders, concrete shredders, whatever they call themselves surely come from the BMX limb, because they have the same gene for breaking stuff. I've been asked to repair a frame with the bottom bracket welds torn completely out from "...jumping this stair landing about fifteen feet down to the sidewalk. Can it be re welded?" Why do you do that? And I've been asked to build strong wheels: "Do you want 36 spoke wheels?" I asked. "Can I get, like fifty? Put in as many as you can." was the reply. These guys are all about riding the bike, not showing it or weighing it. That's alright with me!

These are some of my favorites, along with tourists, bike path cruisers, and even racers who ride three abreast in the lane ahead of a line of cars. They're all my favorites because they are all riding their bikes when I see them, and that makes me remember the feeling of freedom I had when I exited the chain link-enclosed green rectangle after tennis practice to ride my bike home. The long way.



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Call for Bicycle Art

The Salt Lake City Bicycle Collective is calling for artists to participate in a CYCLE ART exhibit and auction fundraiser. Cycle Art pieces are either embellished rideable bikes or physical sculptures constructed with bicycle parts. Submitted pieces will be on display in a windowfront property on Main Street from March to May. Pieces will be available for silent auction bid during display and artists are invited to donate part of proceeds to the nonprofit Collective for community outreach projects.

For more info, please contact Jason Bultman at (801) 485-2906 or visit www.slcbikecollective.org

IMBA Needs Utah State Coordinator

IMBA, the International Mountain Bicycling Association, seeks a volunteer Utah representative. IMBA reps provide guidance and advice regarding access issues for members and advocates within a geographical region. Volunteer reps cultivate working relationships with land managers, public agencies, local mountain bike advocates and other trail user groups. This position requires advocacy experience, strong writing and public speaking skills, computer savvy, and enthusiasm for the sport of mountain biking. Send resume and cover letter by July 12 to: dan@imba.com or mail to IMBA, Attn: Rep Coordinator, 1121 Broadway #202, Boulder, CO, 80302.

Yorgason Earns Category One Official Status

COLORADO SPRINGS, CO (February 18) - Five USA Cycling officials successfully completed a five-day USCF Category 1 Upgrade Seminar at the United States Olympic Training Center. Bruce Brasaemle (Mounds View, MN), Chuck Hodge (Greenville, SC), Matt Moses (Victoria, MN), David Fowkes (Libertyville, IL), and Cynthia Yorgason (Ogden, UT) each passed the upgrade exam earning Category 1 status for USCF Road officiating. Each candidate passed written and oral exams testing their knowledge of all aspects of officiating road and track cycling. Attendees were instructed by UCI International Commissaires Randy Shafer and Andy McCord.

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Utah Cycling Association	801-944-8488
USAC Regional Representative: Rogene Killen	970-587-4447
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USCF Board Member: Dave Iltis	801-328-2066
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Bonneville Bicycle Touring Club	801-596-8430
Advocacy	
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UDOT Bicycle/Pedestrian Coordinator- Sandy Weinrauch	801-965-3897
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George Ramjoue	801-292-4469
Bonneville Shoreline Trail Committee	801- 816-0876
IMBA Utah Representative - Open	
Useful Numbers	
UTA Bikes on Buses	801-287-4636
Stop Smoking Cars (license#, model, location,date)	801-944-SMOG

Rampage - Continued from page 11

see past the drops of mud on my glasses or because it seemed the minute I stepped up to line, the count down began. Usually I have time to think about how nervous I feel, or that maybe I should go to the bathroom one more time. With the word "one," the race, and the season for that matter, was underway.

As the weather cleared up, the course seemed to get worse. There was so much water on the trail that ruts began to form in the soft sand and small rivers ran down through the washes. Although the rain made for some fast cornering on the descents, the mud was relentless as it was thrown from my tire instinctively onto my glasses.

By the start of the second lap, I had shed my muddy glasses and digested as much of a frozen Gu as I could swallow. It wasn't until I reached the first of two long descents that I realized my glasses, despite their lack of visibility, played a huge role in the amount of speed I was able to carry to the bottom. I felt like I was riding into a

swarm of mosquitos. And speaking of speed, my brakes had been reduced to nothing more than mud magnets, making it almost impossible to stop or slow down quickly.

As I crossed over the finish line, exhausted and cold, I glanced around and saw many others like me, covered with mud from head to toe and their bikes a decomposed version of what once were beautiful machines. Once I caught sight of myself in the reflection of my car window, I couldn't help but think of the Paris-Roubaix, and that this race was probably the closest I would get to the actual thing.

Although this was the first race of the season, and people generally don't take it as seriously, the usual competition was out in good form to take the victory. Elena Felin, Sobe Cannondale, finished first with a time of 1:26:47, followed by Kathy Sherwin, Sobe Cannondale, at 1:28:04, and I took third for New Moon Media, finishing 1:36:35. The top pro men finished out with Bryson Perry, Healthy Choice/Guru's, at 1:46:24, Bart Gillispie, Team Biogen, 1:50:29, and Todd Tanner, Guthrie's 1:52:04.

their willingness to help us promote the event and their interest in seeing it grow in the future.

For 2003 we have submitted a request to the UCI for an earlier date so we don't have to play Russian Roulette with the weather. We also hope the earlier date will encourage more local participants. Our one area of disappointment was a relatively weak showing from the local racers; there were tons of local spectators (especially considering we were competing with the World Cup Ski races in Park City), but we felt the rider numbers were down significantly from what we saw at some of the earlier Utah Cyclocross Series events.

How the race unfolded

Mongoose Hyundai teammates Todd Wells and Marc Gullickson proved once again working together can pay off in cyclocross racing. After Travis Brown (Trek) took the holeshot from the start, a select group of 8 forged ahead of the field by the midway point of the first lap. The real action began when the lead group was setting up for a sizeable first lap crowd prime. Andy Jacques-Maynes (Clif Bar) fired the first shot when he sprinted around Brown to take the prime right on the line. Gullickson countered with a fierce attack leading into the "Wall", a steep grass hill with a double barrier, but a crash at the bottom nullified his advantage. Undeterred, Gullickson recovered

and immediately attacked again, gaining a 20-second lead by the end of lap 2.

The chase group dwindled, leaving Brown, Jacques-Maynes and Dale Knapp (Kona-Kenwood), with Wells patiently waiting for an expected counter attack. Finally, Wells could wait no more and quickly bridged across the gap. Gullickson and Wells traded pulls and crashes, each one waiting for the other when there was a mishap. On the bell lap, Brown made a huge effort to pull back the Mongoose train, but Gullickson and Wells continued to ride hard enough to keep the gap all the way to the line. Wells took the win and tightened his grip on the Redline Cup overall. In a photo-finish, Jacques-Maynes claimed 3rd over Knapp, with Brown trailing for the 5th spot.

Earlier in the day, Gina Hall (Clif Bar) shot off the front of the women's field and never looked back. At the top of the "Wall", she had a modest gap of 15 seconds over her chasers. Katie Compton (CTS) came close to making contact midway through the first lap, but paid for her early efforts and later faded, setting up a battle for 2nd between Hall's Clif Bar team mate Carmen D'Aluisio and Kona-Kenwood's Anne Grande. As Hall extended her lead on every lap, D'Aluisio and Grande slugged it out all the way to the finish. In a tight sprint, it was D'Aluisio making it 1,2 for Clif Bar, with Grande in 3rd. Compton hung on for a fine 4th place finish.

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Cyclocross

**Redline Cup
UCI Race
Soldier Hollow
November 23, 2002**

Photos by Dave Iltis
Editor



above: Tanner Putt negotiates the triple barriers Photo courtesy of X-Men Cycling Club
left: Idaho's Richard Durance on his way to a seventh place finish in the Elite Men Photo: Dave Iltis
below: Gina Hall crushed the Elite Women Photo: Dave Iltis



By Thomas Cooke
X-Men Cycling Team

Last November, Redline Bicycles and the X-Men Cycling Team brought the first ever UCI-sanctioned cyclocross event to the state. Cyclocross has long been dominated by the Europeans (and still is), but thanks to our race and the 15 others held in the U.S. this past year, U.S.-based riders actually had an opportunity to accumulate some UCI points; critical for those same riders who wanted to go to the World Championships and avoid starting on the last row! By the time our event rolled around, Mongoose-Hyundai rider Marc Gullickson was knocking on the door of a

top-ten world ranking because of the all the U.S. races he had won.

So what did this mean for Utah and Utah cycling? Most fans and spectators who made the trip to Soldier Hollow agreed that having the top names in the sport competing in Utah made for some exciting racing. We were lucky with the weather; mostly dry conditions made for a fast, wide open course. There were some naysayers early on who thought the race should have been held in the metro-Salt Lake City area. We chose Soldier Hollow because of the Olympic facilities on the site,

Continued on page 9



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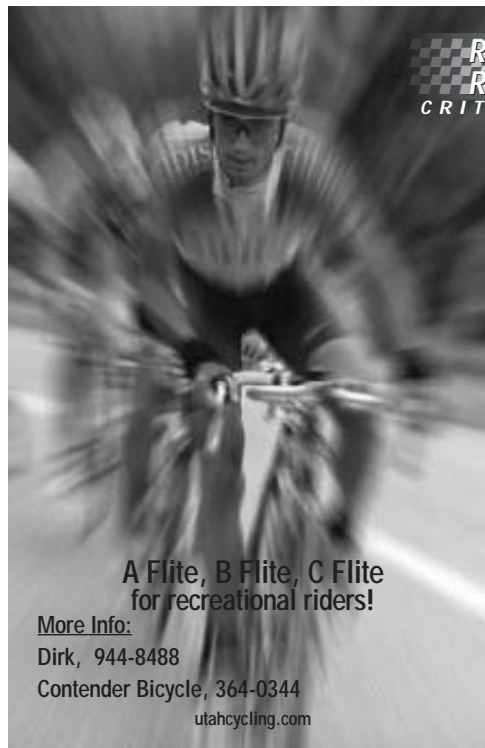
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MOUNTAIN BIKE RACING

So Called Sunny Saint George - An account of the 2003 Red Rock Desert Rampage

March 1, 2003



top: Jed Lemon leads Blake Zumbrennen
top right: Joseph Harmon
above: A muddy Pro Men's start
right: Bart Gillespie

Photos: Ron Randquist

By Cindi Hansen


First off I need to apologize to someone, my bike, for the rain, snow and finally the mud that worked its way into every bearing and joint during the first mountain bike race of 2003, the Red Rock Rampage in St. George, Utah.

In the short period that I have been racing, I have never encountered anything like the conditions the morning of March 1. What began at midnight as a few sporadic drops on the top of


my tent, escalated into a down-pour that would continue into morning. The rain eventually turned to snow and it seemed that few dared to leave the safety and warmth of their vehicles to warmup. With just fifteen minutes 'til race start, I headed out to get what little warmup I could before I lost all feeling in my fingers and toes.

The start was somewhat of a blur, either because I couldn't

Continued on page 9




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IMBA Trail Care Crew Visits Moab



A portion of the volunteers who turned out for the Trail Mix/IMBA Trail Care Crew work days on the Portal Trail pose on the route. Front row, mostly seated: Mark Schmidt, Ashley Korenblat, Ron Georg, Steve Grah, Tyson Grah, and Travis Vandembroeke. Back Row: Dave Montgomery, Matt Hebbard, Katie Stevens, Russ Von Koch, Ted Ecker, Paul Buck, Mark Howe, and Mark Sevenoff.

Photo by Lora Woolner

No single event has done more to promote the current advocacy efforts in Moab than the January visit of Lora Woolner and Mark Schmidt, the International Mountain Bicycling Association's Trail Care Crew. The couple brings an infectious enthusiasm to the task of presenting the IMBA gospel on trails and trail work.

Their Moab visit began with an economic seminar for 50 local business owners and land managers. Most attended the seminar with a sort of bemused skepticism—the topic was the value of trails to a local economy. Moabites figured the presentation would have about the same value to Moab as water wings would have to Mark Spitz.

However, Woolner and Schmidt quickly hooked the audience. Their extensive list of success stories proved an inescapable point: other places are working harder to develop and promote their trails. In these other destinations where communities are taking an active role in valuing trails, visitors are responding at the cash register.

Former IMBA President Ashley Korenblat used the seminar to launch Moab's latest advocacy group, the Moab Trails Alliance. Unlike Trail Mix, the Grand County non-motorized trail committee, the MTA would be able to accept donations, and this was the perfect opportunity to allow business owners to support the trails that support them. The MTA raised its first \$9,000 on the strength of that meeting.

Korenblat, who shares the TCC's infectious enthusiasm, will borrow the computer presentation to bring it to the local Chamber of Commerce as well as to a seminar at the Moab Arts and Recreation Center, for which she's sent out 400 invitations. Troy Duffin and Ed Zink, trail coordinators in Park City and Durango, will be on hand to emphasize the value of trails.

While that seminar may have lasting implications in the nebulous world of advocacy, the rest of the TCC's visit is set in stone. After a three-hour trail building seminar, Woolner and Schmidt led a group of Trail Mix volunteers on a two-day mission to help recover the vague and eroded Portal Trail that leads from the Colorado River up to the rim of Poison Spider Mesa.

According to one Bureau of Land Management official, the trail hasn't looked that good in ten years, and she anticipates the work will hold for at least that long. That's over twenty years worth of maintenance in two days.

While the Trail Care Crew's classroom instruction was based mostly on dirt trails, their techniques were easily applied to Moab's rocky landscape, demonstrating their own creativity and the solid basis of IMBA trail standards. The visit infused local volunteers with a renewed sense of confidence and enthusiasm, adding invaluable momentum to advocacy efforts in the Moab area.

Moab Advocacy - Continued from page 4

of Trail Mix are forming a non-profit organization, the Moab Trails Alliance, to work in conjunction with Trail Mix—and to raise money for the group's plans.

The MTA's mission reflects Trail Mix's, with a subtle twist: "To promote responsible trail use through public and private partnerships, emphasizing non-motorized trail systems." While Trail Mix focuses on trails, on the nuts and bolts of getting work done on the ground, the MTA will have more administrative concerns, cultivating relationships with businesses and agencies that can provide money and resources to support Trail Mix's agenda.

The MTA Board of Directors, which is up to the mandatory three members needed to form a non-profit, will hire an executive director in the coming months to begin filling the administrative gaps in Trail Mix. Grant writing will be a major part of that job as the MTA looks for ways to fund some of the grandest goals, such as the multi-million dollar project to build a pedestrian bridge across the Colorado River. In order to receive the federal grant to build the bridge, the MTA will need to raise \$600,000 in community matching funds.

Trail Mix is also concerned about the potential fate of that NPS trail crew. While there's no overstating the Trail Mix's appreciation for their work, they are facing elimination from the Park Service budget. Noting the amount of backlogged trail work in the Moab area, the MTA hopes to work with local agencies to support a professional, contract trail crew. Losing these talented workers from the local volunteer pool would be a tremendous setback, while the ability to find local, contract work for them would be a boon to Moab trails.

This season, mountain bikers can expect to find three new routes marked in Moab. Families who've found limited opportunity for mellow, scenic tours will enjoy the 8-mile Bar-M Loop, just off Highway 191, across from the Gemini Bridges Trailhead. Some may recognize this portion of trail as the beginning of the long, hilly Courthouse Loop. The new route has long been a popular day tour for Rim Tours outfitters, and now Trail Mix has marked the route so beginners can enjoy gentle ride. The route is also along the old highway, which will eventually be connected to town by bike path (and a very expensive pedestrian bridge).

Next, riders will finally be able to find their way to Little Canyon Rim. This has been a long favorite of locals, most of whom learn the route on an annual President's Day group


ride sponsored by Chile Pepper Bike Shop. This marking project was actually completed by the Red Rock 4-Wheelers jeep club, with consulting from Trail Mix—we convinced them that even though they call the route "Metal Masher", they should include the name "Little Canyon Rim" for users less inclined to think of trails as malicious.

Finally, later this season we'll be marking a route to Uranium Arch, along Seven-Mile Rim, which is one of the coolest places in the area that few people have seen. The ride will include some slickrock portions, and it passes some excellent rock art panels. Sadly, the trail won't be known by its local name, Blue Buffalo, as the namesake pictograph was destroyed by vandals.

Beyond these new routes, Trail Mix's specific projects include reopening the Moonlight Meadows route in the La Sals,

which the Forest Service closed last season for rerouting due to environmental impacts; working with the Forest Service on a plan to create more singletrack in the mountains, focusing on the area around the controversial Hazard County Trail; helping the Forest Service bring their current inventory up to standards; opening some of the illegitimate singletrack on the BLM's Amasa Back; creating singletrack just outside town on state land; and...well, that's just scraping the surface. This is a big place.


If you'd like more information on Trail Mix or the Moab Trails Alliance, you can contact me at ontowheels@lasal.net, or call (435) 259-3052. Trail Mix Trail Days are usually the last Saturday of each month; the Moab Trails Alliance will be a membership organization, and memberships will be accepted just as soon as the non-profit paperwork is complete.



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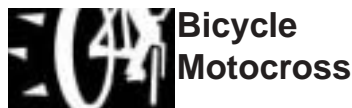
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CALENDAR OF EVENTS

Calendar Guidelines:
Listings are free on a space available basis and at our discretion. Submit your event to: dave@cyclingutah.com with date, name of event, website, phone number and contact person and other appropriate information. Let us know about any corrections to existing listings!



Harbor Bay BMX — (801) 253-3065.
Rad Canyon BMX — (801) 964-6502.



General Info

Mayor's Bicycle Advisory Committee (MBAC) meeting. Second Wednesday every month 5 p.m. at the Salt Lake City/County Bldg, 451 S. State, Room 326. (801) 535-7939 or (801) 363-0304.

Weber County Pathways — Weber County's Advocacy Group, (801) 393-2304 or www.weberpathways.org

Volunteer to help build the Bonneville Shoreline Trail (801) 485-6975 or visit www.bonneville-trail.org.

Events

Critical Mass — Last Friday of every month, 5:30 pm, meet at the Gallivan Center, 200 S. and State Street, SLC. For more info, if you have a bike to lend, etc.: email info@slccriticalmass.org

March 15 — Sports Am 10th Annual Bike Swap and Show, State Fairgrounds, 10th W and N. Temple, Promontory Building, 10 am, SLC, (801) 583-6281

March 28-30 — Moab MUni Fest 2003, A Unicycle Festival in Moab!, zadig@engineer.com

May 2-3 — GOTS, Bike and Outdoor Toy Swap, Wild Rose, 702 3rd Ave, SLC, (801) 533-8671

May 10-17 — Cycle Salt Lake (click for schedule), weeklong festival with bike races, Bike Bonanza, Cycle Salt Lake Century Ride, Bike to Work day, and more!

May 10 — UTA Rideshare Bike Bonanza, in conjunction with Cycle Salt Lake, BMX Demos, free bike tune-ups, kids races, commuting info, exposition, bike helmet giveaway for kids, Pioneer Park, SLC, UT, (801) 262-5626

May 12 — Tailwinds Bicycle Touring Downtown Historic Tour, Meet in Liberty Park in front of the Jacob Chase Historic Home at 6:00 PM, Grant Aagard (801) 272-1302

May 13 — Mayor's Bike to Work Day presented by Salt Lake City Mayor's Office and MBAC, a mel-

Calendar of Events is sponsored by



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low ride with Mayor Rocky Anderson under police escort from Liberty Park to the City/County Bldg, then free breakfast and raffle for all participants. Cost: free, 7:30 am, Liberty Park, Lisa Romney, 535-7939, lisa.romney@ci.sl.ut.us. Meet at the northeast corner of Liberty Park



General Info

Intermountain Cup information (Utah) (801) 942-3498.

Wild Rockies Unplugged Series information (Idaho), (208) 342-3910.

USA Cycling, Mountain Region, (UT, AZ, NM, CO, WY, SD, Rogene Killen, (970) 587-4447.

Utah Races

Wednesdays — Soldier Hollow Training Series, 7 p.m., (801) 310-0166

Wed evening ride — Women's Joyride, 5:30 p.m., meet at Joyride Bikes, 37 1/2 Center St., Logan, (435) 753-7175

March 1 — Desert Rampage, Intermountain Cup #1, St. George, UT, XC - Kayleen Ames, (435) 245-6950

April 5-6 — Tour of Canyonlands, DH, XC, Moab, UT, (303) 432-1519

May 3 — Canyon to Canyon Pedal Cup, 9 am, East Canyon Resort, (801) 583-6281

May 3 — Aardvark's Showdown at Five Mile Pass, Intermountain Cup #2, Lehi, UT, XC - Ed Chauner, 801-942-3498

May 17 — Hammerfest at the Hollow, Intermountain Cup #3, Soldier Hollow, Midway, UT, (801) 942-3498

May 24 — Bordertown Challenge, Wild Rockies Series #3, Oasis, NV, (208) 342-3910

May 31 — Cache Valley's Joyride, Intermountain Cup #4, Wellsville/Logan/Sardine Canyon, UT, (435) 245-6950

June 7 — Pedalfest XC, Intermountain Cup #5, Deer Valley, UT - Ed Chauner, 801-942-3498

June 8 — Bountiful Bomber Downhill Race, Bountiful, UT, (801) 375-3231

June 14 — Utah Summer

Games, Intermountain Cup #6, Cedar City, (435) 865-8421, (800) FOR-UTAH, (435) 586-2770

June 21 — Bald Mountain Challenge Downhill, Deer Valley, UT, (801) 375-3231

June 28 — Pedal Powder, Intermountain Cup #7, Powder Mountain, Ed Dilbeck, (801) 479-5015

July 5 — Brian Header, Intermountain Cup #8, Brian Head, UT, XC, Clark Krause, (435) 586-2770

July ? — King of the Wasatch Downhill, Park City Mtn. Resort, (801) 375-3231

July 12 — Chris Allaire Memorial, Intermountain Cup #9, Solitude, UT, XC - Ed Chauner, 801-942-3498

July 12 — Brianhead Epic 100, qualifier for the 2002 World Solo Championships, Brian Head, (909) 866-4565

July 12 — Blue Mountain Bike Chase, 25 mile race, Monticello City Recreation, Monticello, UT, (435) 587-2029

August 2 — Snowbird Mountain Bout, Intermountain Cup #10, 15th Annual, Snowbird, (801) 942-3498

August 9 — Wolverine Ridge XC Race, Intermountain Cup #11. Series Finals, Evanston, WY - Paul Knopf, (307) 783-6470

August 24 — Widowmaker Hill Climb 10 AM, Snowbird Resort, (801) 583-6281

September 1 — Flyin' Brian Downhill Race, Brian Head, UT, (801) 375-3231

September 20 — Tour des Suds, Park City, (435) 649-6839

October 10-11 — Red Bull Rampage Free Ride Contest, 2nd Annual, Virgin, UT (435) 772-BIKE

October 13-14 — Huntsman World Senior Games. Must be 50 years or older. Four events: hill climb, time trial, criterium and road race. 800-562-1268 or hwsq@infowest.com

October 18-19 — 24 Hours of Moab, (304) 259-5533

October 26 — Moab Rim Downhill, (801) 375-3231

Regional Races

April 12 — Barking Spider, Wild Rockies Series #1, Nampa, ID, (208) 342-3910

April 26 — Oregon Trail Classic, Wild Rockies Series #2, Baker, OR, (208) 342-3910

April 26 — The Vegetarian MTB Race, Spirit of the Rockies Mountain Bike Race Series #1, Fruita, CO, (970) 858-7220

May 11 — 1st Annual Coyote Classic, Boise, ID, (208) 338-1016

May 15-18 — NORBA NCS #1, Snow Summit Mountain Resort; (909) 866-4565

May 24 — Bordertown Challenge, Wild Rockies Series #3, Oasis, NV, (208) 342-3910

May 24-26 — Iron Horse Bicycle Classic, Road and Mountain Events, Durango, CO, (970) 259-4621

June 4 - July 2 — Wednesday Night MTB Series, ID, (208) 788-9184

June 7 — Revenge of the Singletrack, Wild Rockies Series #4, Twin Falls, ID, (208) 342-3910

June 28 — Idaho City Excellent Adventure, Wild Rockies Series #5, Idaho City, ID, (208) 342-3910

July 4 — 8th Annual WYDAHO Bike Race, Grand Targhee Ski and Summer Resort Alta, WY, Cara Woelk at 1-800-TARGHEE ext. 1313

July 5-6 — Pomerelle Peaks, XC on Sat, DH on Sun, Wild Rockies Series #6, Albion, ID, (208) 342-3910

July 5-6 — MTB World Cup, XC, DH, 4x5, Telluride, CO, (719) 866-4581

July 12 — Kelly Canyon MTB, Idaho Falls, ID (208) 336-5821

July 20 — State Short-Track XC, ID, (208) 788-9184

August 14-17 — NORBA NCS #4, Durango, CO, (970) 259-4621

August 2-3 — 19th White Knob Challenge and MTB Stage Race, Mackay, ID, Kurt Holzer at (208) 890-3118

August 9-10 — 24 Hours of Boise, Bogus Basin, ID, (208) 367-1899

August 9-10 — Claim Jumpers Downhill and Cross Country, Nevada NORBA State Championships, XC, DH, Great races in the middle of Nevada on Hwy 50, Austin, NV, (775) 964-1212

August 23-24 — Brundage Bike Festival, Wild Rockies Series #7, McCall, ID, (208) 342-3910

September 6 — Galena Grinder, Galena Lodge, ID, (208) 788-9184

September ? — Pahrump NV, (775) 727-5284 or (702) 228-4076

September 20-21 — Lava Rama, Wild Rockies Series #8, XC, DH, Lava Hot Springs, ID (208) 342-3910



Tours and Festivals

April 24-27 — Fruita Fat Tire Festival, Fruita, CO, (800) 873-3068

May 16-18 — San Rafael Swell Mountain Bike Festival, 16th Annual, Emery County, (435) 637-0086

August 9-10 — Dinotrax Fat Tire Festival, Rides, Pasta Feed, Bluegrass Music, Flaming Gorge, (435) 781-2595

September 27 — Antelope Island Buffalo Bike Tour, (801) 947-0338

October 22-26 — Canyonlands Fat Tire Festival. Group rides, bicycle DemoExpo, fun competitions, evening entertainment. Moab City Park. (801) 375-3231



Road Racing

General Info

Utah Road Racing - USCF, Utah Cycling Association - Dirk Cowley, (801) 944-8488

USA Cycling, Mountain Region Road Racing (UT, AZ, NM, CO, WY, SD), Rogene Killen, (970) 587-4447.

March 1, 8, 15, 22, 29 — RMR Crit Series, Salt Lake, (801) 944-8488 (Saturdays in March, Tuesdays starting April 1)

The Mayor's Bicycle Advisory Committee, the leading bicycle advocacy group in Salt Lake and Utah, wants to encourage all cyclists to participate. There are monthly meetings on the second Wednesday of every month at 5 p.m. in the City & County Building, Rm. 326 or 335, 451 South State Street. For details, visit the Cycling Utah web site (www.cyclingutah.com) or call the Mayor's office at 535-7939 or Mark at 363-0304.



April 1, 8, 15, 22, 29 — RMR Crit Series, Salt Lake, (801) 944-8488

April 2, 9, 16, 23, 30 — DMV Crit Series, Every Wednesday, Salt Lake, (801) 944-8488

April 10, 24 — Salt Air TT Series, Every other Thurs, (801) 944-8488

April 5 — Weber State Circuit Race, Weber State, (801) 689-4754

April 12 — Buffalo Stampede Road Race on Antelope Island, (801) 731-8335 - tentative

April 12 — Antelope Island Road Race, (801) 392-4019 - tentative

April 19 — Earth Day Pedal Cup, 10:00 AM, City Creek Canyon, (801) 583-6281

April 19 — Up and Over Time Trial, 10 miles of fun!, (801) 363-3727

April 26-27 — Tour of the Storm, 3 stages, 2 days, Hurricane, UT, (801) 944-5042

May 6, 13, 20, 27 — RMR Crit Series, Salt Lake, (801) 944-8488

May 7, 14, 21, 28 — DMV Crit Series, Every Wednesday, Salt Lake, 944-8488

May 8, 22 — Salt Air TT Series, Every other Thurs, (801) 944-8488

May 3 — East Canyon Road Race, 11 AM, East Canyon Resort, (801) 583-6281

May 10-11 — Women's Road Racing Cycling Clinics, racing skills and tactics, SLC, (801) 944-2456 or (801) 466-6312

May 10 — RMCC Rhodes Criterium, 12 noon, Pioneer Park, Salt Lake City, (801) 523-9387

May 24-25 — Snake River Stage Race, (208) 465-6491

May 23-26 — Cache Classic Stage Race, Logan, UT, (435) 752-5131 or (435) 787-2534

May 31 — Antelope Island TT #1, Antelope Island, (801) 731-8335

June 3, 10, 17, 24 — RMR Crit Series, Salt Lake, (801) 944-8488

June 4, 11, 18, 25 — DMV Crit Series, Every Wednesday, Salt Lake, (801) 944-8488

June 5, 19 — Salt Air TT Series, Every other Thurs, (801) 944-8488

June 7 — Sugarhouse Crit, (801) 944-8488

June 8 — International Center Criterium, (801) 944-8488

June 14 — Herriman Road Race, tentative date, Utah State Championships, LAJORS, (801) 280-8916

June ? — Utah State Time Trial Championships, (801) 944-8488

June 21-22 — High Uintas Classic Stage Race, Kamas, UT to Evanston, WY, 307-783-6458 or 800-328-9708

June 28 — Porcupine Hillclimb, Big Cottonwood Canyon, Salt Lake City, (801) 231-5335

June 19-21 — Utah Summer

Games, Cedar City, (435)865-8421, (800)FOR-UTAH

July 1,8,15,22,29 — RMR Crit Series, Salt Lake, (801) 944-8488

July 2,9,16,23,30 — DMV Crit Series, Every Wednesday, Salt Lake, (801) 944-8488

July 3,17 — Salt Air TT Series, Every other Thurs, (801) 944-8488

July 12-13 — Gate City Grind Stage Race, (208) 282-2503 or (208) 652-3532

July 19 — Hill AFB Criterium, Ogden, UT, (801) 776-3917

July 26-27 — Leave it to Beaver Stage Race, UT, (801) 944-8488

August 5,12,19,26 — RMR Crit Series, Salt Lake, (801) 944-8488

August 6,13,20,27 — DMV Crit Series, Every Wednesday, Salt Lake, (801) 944-8488

August 14,28 — Salt Air TT Series, Every other Thurs, (801) 944-8488

August 2 — Snowbasin Earl Miller Hillclimb, 11 miles from Huntsville to Snowbasin, Huntsville, UT, (801) 620-1048

August 2 — Davis Crit (Rusty Shoemaker Memorial), Davis County Technical Center, (801) 944-8488

August 9 — Fazoli's Sundance Hillclimb, 8 mile climb from Hwy 189 (Provo Canyon) to the top of the Alpine Loop, Provo, UT, (801) 400-6130

August 16 — Antelope Island TT #2, Antelope Island, (801) 731-8335

August 23 — Snowbird Hill Climb, 7:30 AM, 10.2 Miles from Shopko on 9400 S. 2000 E. to Snowbird, (801) 583-6281

August 23-24 — Tour de Gap Stage Race, in conjunction with the Iron County Fair, Parawon, UT, (435) 677-2111

August ? — 2 Man Team Time Trial, (801) 944-8488

September 2,9,16,23,30 — RMR Crit Series, Salt Lake, (801) 944-8488

September 3,10,17,24 — DMV Crit Series, Every Wednesday, Salt Lake, (801) 944-8488

September 11,25 — Salt Air TT Series, Every other Thurs, (801) 944-8488

September 6 — Eureka RR, great road race through the Tintic Mining District, Eureka, UT (801) 553-1065

September 13 — LOTOJA, 203 miles from Logan, UT to Jackson, WY, (801) 627-6200 or (800) 497-7335

September 28 — Antelope Island TT #3, Antelope Island, (801) 731-8335

October 7-10 — Huntsman World Senior Games. Must be 50 years or older. Four events: hill climb, time trial, criterium and road race. 800-562-1268 or hwsj@infowest.com

October 11 — City Creek Bike Sprint, 10 am, 5 1/2 mile climb up City Creek Canyon in Salt Lake City, road or mountain bikes, UCA Points Series Event, (801) 583-6281

Regional Road Races

March 9 — Windy "Two-Person" Time Trial, Boise, ID, (208) 867-2488

March 16 — Spring Road Race #1, Boise, ID, (208) 343-3782

March 23 — TT Training Series #1, Boise, ID, (208) 336-3854

March 30 — Spring Road Race #2, Boise, ID, (208) 343-3782

April 6 — TT Training Series #2, Boise, ID, (208) 336-3854

April 10 — Snake River Criterium Series, Nampa, ID, (208) 465-6491

April 13 — Spring RR #3, Boise, ID, (208) 343-3782

April 16 — Snake River Criterium Series, Nampa, ID, (208) 465-6491

April 27 — TT Training Series #3, ID, (208) 336-3854

May 1 — Snake River Criterium Series, Nampa, ID, (208) 465-6491

May 4 — Spring RR #4, Boise, ID, (208) 343-3782

May 8 — Snake River Criterium Series, Nampa, ID, (208) 465-6491

May 17 — Galena Hill Climb, starts at the base of Galena, ID, (208) 726-7693

May 17 — Birds of Prey Road Race, Kuna, ID, (208) 389-7429

May 18 — Eagle Hills Circuit Race, Boise, ID, (208) 343-9130

May 20 — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu

May 24-25 — Snake River Omnium, Nampa, ID, (208) 465-6491

May 24-26 — Iron Horse Bicycle Classic, Road and Mountain Events, Durango, CO, (970) 259-4621

May 23-26 — Ecology Center Classic, 4 stages,NRC Event, \$10,000 prize list, Missoula, MT, (406) 728-5733

May 24-26 — Platte Bridge Station Stage Race, 4 stages, Casper, WY, (307) 234-5330

June 1 — Lyle Pearson Classic/Roubaix Road Race - 75+ mi Boise, ID, (208) 343-3782

June 6-8 — Tour of Eagle, Eagle, ID, (208) 884-1925

June 10 — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu

June 11 — Bogus Basin 'Tribute' Prologue, TT, Boise, ID, (208) 867-2488

June 13-23 — CANCELLED-ConAgra Food's Women's Challenge, Idaho, 208-672-7223

June 15 — 50/50 Team Time Trial, Lost River Cycling, Boise, ID, contact Kurt Holzer (208) 890-3118

June 17 — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu

June 20-22 — Elkhorn Classic Stage Race, Baker City, OR, (503) 652-3763

June 24 — Summer Night at the Track #1, Road/Track, Boise, ID, (208) 343-3782

June 28 — River Spirit Circuit Race, Boise, ID, (208) 343-3782

June 28 — Idaho State Time Trial Championships, Bellevue, ID, 7am, (208) 726-7693

June 29 — Ketchum Criterium, Ketchum/Sun Valley, Idaho, Greg Stock (208) 726-0707

June 29 — Lyle Pearson Challenge (The Big Loop), Boise, ID, (208) 343-3782

July 1 — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu

July 4 — Elko Jaietan Criterium, Part of the Elko Basque Festival, Elko, NV, (775) 738-5245

July 12-13 — Gate City Grind Stage Race, (208) 282-2503 or (208) 652-3532

July 15 — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu

July 22 — Summer Night at the Track #2, Road/Track, Boise, ID, (208) 343-3782

July 26 — Twilight Criterium, Boise, ID, (208) 343-3782

July 27 — The Morning After Criterium, Boise, ID, (208) 343-9130

July 29 — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu

August 4-9 — USCF Master's National's, Louisville, KY, (719) 866-4581

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MARCH 15th, 22nd, 29th

The Salt Lake City Bicycle Collective* will be recycling bikes in the community as well as providing:

- * shop space/tools
- * repair/mechanics courses
- * youth training
- * environmental awareness
- * community outreach programs



Bicycles and bicycle parts donations will be accepted at the following locations on Saturday from 9am to 4pm:

March 15th	March 22nd	March 29th
10th Annual Bike Swap State Fair Grounds 10th W. North Temple	Murray Park Constitution Circle 5300 South State	Robert R Fitts Park 500 East 3050 South

For more information contact: Jason Bultman 485-2906

www.slcbikecollective.org

* a pending 501(c)(3) non-profit corporation

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RACE RESULTS



Cyclo-cross

Redline Cup UCI Cyclocross Race, Soldier Hollow, November 23, 2002

Elite Men

1 Todd Wells (Mongoose/Huyundai), 54.15
2 Marc Gullickson (Mongoose/Huyundai)@0.01
3 Andy Jacques-Maynes (Clif Bar)@0.13
4 Dale Knapp (Kona/Kenwood)
5 Travis Brown@0.15
6 Ben Jacques@1.14
7 Richard Feldman@1.22
8 Barry Wicks@1.47
9 Erik Tonkin@1.49
10 Joe DePaemelaere@1.55
11 Justin Robinson@2.07
12 Bart Bowen@2.40
13 David Wyandt@2.48
14 Brandon Dwight@3.18
15 Frank Mapel@3.40
16 Doug Ryden@4.12
17 Johnny Sundt@4.29
18 Jason Tullous@4.51
19 Brent Prenzlou@4.57
20 Ryan Guay@4.58
21 Brad Van Orden@6.10
22 Tyson Apostol@6.34
23 Ryan Iddings@7.08
24 Jared Gibson@7.59
25 Shawn Mitchell@8.26
26 Douglas Ott@8.44
27 Bryson Perry@11.28
28 Dan Depaemelaere@1 lap
29 Tad Hamilton@2 laps

Elite Women

1 Gina Hall (Clif Bar), 35.13
2 Carmen D'Aluisio (Clif Bar)@0.43
3 Ann Grande (Kona/Kenwood)@1.04
4 Katie Compton@1.24
5 Melissa Thomas@2.01
6 Gretchen Reeves@2.13
7 Kerry Branholt@2.50
8 Josie Beggs@3.15
9 Cynthia Lodding@4.45
10 Heather Szabo@5.46
11 Dorothy Wong@6.16
12 Hollie McGovern@6.40
13 Lora Heckman@7.22
14 Nichole Wangsgard@8.25
15 Lisa Peck@9.34
16 Leslie Gilmore@18.34

UCI Junior

1 Zak Grabowski, 33.25
2 David Fleischhauer@1.22
3 Morgan Schmitt@1.31
4 Tucker Thomas@2.23
5 Chris Stockburger@2.56
6 Perry Paolini@3.24
7 Mike Wentz@5.40
8 Mitchell Peterson@6.26

Master 35+

1 Jon Cariveay, 43.03
2 James Coates@1.35
3 Chris Daluisio@3.01
4 Darrell Davis@3.40
5 Jim Brown@4.22
6 Dirk Cowley@5.06
7 Dan Norton@5.06
8 Brent Peacock@5.24

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9 Gary Fuller@5.25
10 Jell Hane@6.00
11 Dave Reed@10.22
12 Chris Magerl@1 lap
13 Brian Olson@2 laps

B Flite

1 JJ Clark, 44.09
2 Kelly Ryan@0.46
3 Arron Phillips@1.05
4 Eric Flynn@2.02
5 Kris Arnott@2.49
6 Jesse Hoffman@3.15
7 Jon Gallagher@3.20
8 Adam McGrath@3.51
9 Jim Fearick@3.58
10 Brandon Firth@4.07
11 Steven Elmes@4.09
12 Bret Johnson@4.11
13 David Harward@4.12
14 David Newell@4.42
15 John Shippey@5.17
16 Stuart Beling@5.18
17 Linde Smith@8.08
18 Robert Wray@9.54
19 Matt Ohran@1 lap
20 Dr.Johnan Kolon@2 laps
21 Kevin Smith@3 laps

C Flite

1 Thomas Spanning,28.46
2 Jeff Clawson@0.36
3 Denny Kalar@0.38
4 Brett Stevens@0.39
5 John Smith@0.42
6 Ryan Harward@2.22
7 Alex Whitney@3.06
8 Gary Wheeler@5.18
9 Walt Chudleigh@6.07
10 Pat Putts@6.42
11 Chris Brown@7.30
12 Dexter Mahaffey@11.47

2002 Utah Cyclocross Series Final
Season Point Totals
Total Points from Best 6 Races
Juniors

1 Tanner Putt, 208
2 Kaleb Legore, 207
3 Chris Peterson, 134
8 Jason Legore, 79
4 Kevin Perry, 75
5 Eric Peeleman, 73
6 Andrew Nelson, 23
7 Andrew Putt, 5

Men A+

1 Art O'Connor, 216
2 Bart Gillespie, 204
3 Bryson Perry, 198
4 Aaron Phillips, 165
5 Jared Gibson, 142
6 Darrell Davis, 140
7 Aaron Jordin, 123
8 Kelly Ryan, 113
9 Tyson Apostle, 102
10 Eric Flynn, 89
11 Cary Smith, 86
12 Brandon Firth, 70
13 Leo O'Connor, 67
14 Christian Johnson, 60
15 Terry McGinnis, 48
16 Brent Peacock, 31
17 Richard Feldman, 30
18 Todd Wells, 30
19 Johnny Sundt, 27
20 Frank Mapel, 25
21 Kevin Hankens, 23
22 Bart Bowen, 21
23 Gabriel Williams, 21
24 Brian Peacock, 19
25 Blake Zumbunner, 19
26 Kyle Gillespie, 19
27 Brent Prenzlou, 19
28 Zak Grahowski, 17
29 Todd Smith, 15
30 James Coats, 13
31 Shannon Boffell, 11
32 Chris McGovern, 11
33 JJ Clark, 10
34 Jim Brown, 9
35 Doug Ott, 8
36 Joel Kath, 5
37 Rob Campbell, 5
38 Ryan Iddings, 5

Men A

1 Dave Wood, 216
2 Dirk Cowley, 216
3 Jon Gallagher, 174
4 David Harward, 174
5 Jim Fearick, 148
6 Tom Horrocks, 134
7 Linde Smith, 117
8 Todd Smith, 105
9 Ali Goulet, 103
10 Kevin Radzinski, 99
11 Daren Cottle, 82
12 Denny Kalar, 71
13 Gary Fuller, 64
14 Shawn Lupcho, 64
15 Ron Peeleman, 60
16 Chris Magerl, 57
17 Michael Busch, 50
18 Jarem Zenger, 50
19 John Iltis, 45
20 Jesse Hoffman, 44
21 Travis Hughes, 36
22 Jimmy Tart, 33
23 Steve Lewis, 33
24 John Derby, 30
25 Aaron Phillips, 30
26 David Fleischhauer, 30
27 Jack Dainton, 29
28 Wyatt Peterson, 26
29 Jeff Bates, 25
30 Rob Weseman, 25
31 Tucker Thomas, 25
32 Tom Knopp, 23
33 Morgan Schmitt, 23
34 Gabriel Williams, 21
35 Tom Noaker, 19
36 Jon Engen, 19
37 Brian McGee, 17
38 Gary Fuller, 17
39 Brian Hopkins, 16
40 Greggy Gibson, 16
41 Fred Porter, 15
42 Andrew Lock, 13
43 Ron Prue, 12
44 Pete Barquin, 11
45 Steve Addicott, 10
46 Jason Thomas, 9
47 Mike Wentz, 9
48 Brian Newson, 7
49 Steve Smock, 5
50 Breen Lowman, 5
51 Joel Zenger, 5
52 Adam Sottlemire, 5
53 Cameron Smart, 5
54 Brian Newson, 5

Women A

1 Cynthia Loddings, 240
2 Lisa Peck, 182
3 Karen Dodge, 102
4 Sally Warner, 97
5 Teresa Cook, 30
6 Sonya Swartzentuber, 27
7 Holly McGovern, 27
8 Rachel Cieslewicz, 25
9 Paula Seeley, 19

Men B

1 Bret Johnson, 216
2 Eddie Hill, 210
3 Stuart Beling, 178
4 David Harward, 172
5 Jeff Clawson, 150
6 Bob Kimsey, 139
7 Jeff Street, 135
8 Asa Kelly, 104
9 Scott Ford, 92
10 Ken Chord, 92

11 Brett Stevens, 91
12 Jon Kolon, 80
13 Scott Toly, 79
14 Charles Heaton, 69
15 Stuart Toly, 67
16 Andy Wentsch, 64
17 Phillip Pattison, 58
18 Robert Wray, 50
19 Perry Woods, 43
20 Larry O'Neil, 35
21 Tom Jow, 34
22 Greg Steele, 33
23 James Fox, 30
24 Jack Dainton, 27
25 Tracy Nielson, 26
26 Don Stokes, 25
27 Scott Marland, 21
28 Aaron Campbell, 19
29 Shane Kershaw, 18
30 Jason Jones, 18
31 Tom Wehe, 15
32 Jeff Hane, 13
33 James Dumas, 10
34 Steve Smock, 9
35 #630, 8
36 Walt Chudleigh, 8
37 Chris Colgan, 5
38 Steve Wimmer, 5
39 Jacob Rippstein, 5
40 Steve Addicott, 5

Men C

1 Mitchell Peterson, 198
2 Alex Whitney, 190
3 Alan Greenburg, 182
4 Ryan Harward, 177
5 Greg Adams, 100
6 Wayne Cottrell, 99
7 Patrick Putt, 88
8 Thomas Spanning, 88
9 Ryan Harrison, 76
10 Jason Fawcett, 73
11 John Rech, 69
12 John Tucker, 58
13 Jim Spear, 47
14 Steve Holcomb, 42
15 Coy McAfee, 40
16 Edwin Johnson, 34
17 Stuart Talley, 30
18 Perry Woods, 30
19 Alan McDonald, 30
20 Scott Stewart, 27
21 John Smith III, 27
22 Mike Rossberg, 25
23 Chris Shiffer, 25
24 John Argyle, 22
25 Eric McEntire, 17
26 Wes Slaughter, 5
27 Chris Miller, 5
28 Robert ham, 5

Women B

1 Anne Donohue, 171
2 Judy Allen, 155
3 Melanie Perry, 37
4 Mary Wehe, 35
5 Karen Carley, 27



Red Rock Desert Rampage, ICS Race #1, March 2, 2003, St. George, UT

12 & Under Female

1 Hannah Thatcher 00:24:24

12 & Under Male

1 Alex Scott 00:22:23
2 Josh Young 00:22:33
3 Stephen Ward 00:22:34
4 Carsen Ware 00:22:36
5 Jedd Harr 00:22:58
6 Ryan Vigil 00:23:05
7 Mitch Payne 00:24:20
8 Tyler Randquist 00:24:25
9 Joseph M. Johnson 00:24:37
10 Brandon Perez 00:25:05

9 & Under Female

1 Sara Denton 00:26:45
2 Hazel Harvey 00:29:04

9 & Under Male

1 Chandler Harr 00:25:08

Beg Men 13-15

1 Derek Owen 01:10:44
2 Jacob Thatcher 01:15:20
3 Jason K. LeGore 01:19:45
4 Doug W. Johnson 01:42:20

Beg Men 16-18

1 Cody Smith 01:05:09
2 Ryan Kelsey 01:08:09
3 Jake Yardley 01:13:50
4 Stephen Brown 01:19:15

Beg Men 19-29

1 Michael Baker 00:55:00
2 Jon Johnson 00:58:28

3 Ryan Babcock 00:58:46

4 Karl Jarvis 00:59:41

5 Alexander Mallie 01:00:02

Beginner Men 30-39

1 Shaw Dever 00:59:08
2 Mick Davis 00:59:29
3 Eric D. Johnson 01:02:44
4 Jon Osborne 01:03:00
5 Charles Payne 01:05:55

Beg Men 40+

1 Russell Cook 01:05:08
2 Gene Boyle 01:05:50
3 David McDonough 01:07:19
4 Kendall Sullivan 01:07:37
5 Brent A. Jarrett 01:08:58

Beg Women 19+

1 Stacy Newton 01:05:56
2 Ashley Bates 01:11:00
3 Amanda Sherrod 01:11:05
4 Betsy Johnson 01:13:42
5 Teresa J. Bosh 01:13:43

Clydesdale

1 Stuart Tulley 01:45:02
2 Aaron Mullins 01:51:26
3 Michael J. VanHook 02:00:00
4 Dave Barnett 02:14:23
5 Steve Pecorella 02:14:40

Exp Men 16-18

1 Ryan Harward 02:12:07

Exp Men 19-29

1 Trevor Simper 01:54:45
2 Thomas J. Spanning 01:56:52
3 Ty Hansen 02:00:01
4 Gregy Gibson 02:07:50
5 Scott Preston 02:11:00

Exp Men 30-39

1 David Harward 01:55:49
2 Brad W. Pilling 02:02:12
3 Ian Harvey 02:03:06
4 Scott Allen 02:04:46
5 Chris Sherwin 02:05:59

Exp Men 40+

1 Glen Adams 01:59:23
2 Dana Harrison 02:08:40
3 Daren Cottle 02:12:00
4 Gary Strabala 02:18:27
5 Mark Virello 02:27:35

Men 50+

1 Galen L. Downing 01:00:14
2 Gary Kartchner 01:09:25
3 Bruce Argyle 01:10:06
4 Marv White 01:15:42

Pro Men

1 Bryson Perry 01:46:24
2 Bart Gillespie 01:50:29
3 Todd Tanner 01:52:04
4 Chuck Gibson 01:52:44
5 Blake Zumbunner 01:57:20
6 Pro/Exp Women 1 Elena Felin 01:26:47
7 Kathy Sherwin 01:28:04
8 Cindi Hansen 01:36:35
9 Julie Conner 01:58:50

Spt Men 16-18

1 Andrew G. Downing 00:55:18
2 Ryan Washburn 00:57:37
3 Rick Washburn 00:59:33

Spt Men 19-29

1 Josh Ruple 01:23:04
2 Quin Bingham 01:25:55
3 Cory Smith 01:30:39
4 Ryan Cody 01:31:20
5 Durke Z. Gordon 01:31:23

Spt Men 30-39

1 Ed Warr 01:27:04
2 Brad Newby 01:31:15
3 Jamie Schaerer 01:32:47
4 Bob Saffell 01:34:56
5 Brian Fife 01:36:54

Spt Men 40+

1 Andrew J Lock 01:33:18
2 Mike Osborn 01:35:45
3 David Kelsey 01:37:57
4 Curt Bates 01:38:02
5 Robert Owen 01:38:57

Spt Women 19+

1 Jean Carlan 00:57:52
2 Bobbi Kirk 00:57:58
3 Kaylene Kottler 00:58:54
4 Christie A. Johnson 01:00:26
5 Susan Fleck 01:00:34

Spt/Exp Men 13-15

1 Ryan Harrison 00:50:08
2 Kaleb J. LeGore 00:50:19
3 Chris Peterson 00:56:09
4 Kevin Perry 01:03:34
5 Brandon A. Johnson 01:05:40
6 Tyler Scott 01:09:06

Women 13-18

1 Melanie Perry 01:15:46
2 Lindsay Owen 01:26:03

Women 35+

1 Barbara E. Sherwood 01:10:38
2 Tamra Roe 01:15:48
3 Liz J. Egerton 01:32:45
4 Carma Owen 01:39:20
5 Holly J. Bond 01:57:28

INTERMOUNTAIN CUP 2003

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March 1 Red Rock Desert Rampage, St. George, UT
May 3 Aardvark's Showdown at Five Mile Pass, Lehi, UT
May 17 Hammerfest at the Hollow, Soldier Hollow, Heber City, UT
May 31 The Joyride, Logan, UT
June 7 Deer Valley Pedalfest XC, Deer Valley Resort, UT
June 14 Utah Summer Games XC Race, Cedar City, UT
June 28 Pedal Powder, Powder Mountain, UT
July 5 Brian Header, Brian Head, UT
July 12 Chris Allaire Memorial/Utah State Open, Solitude, UT
August 2 The 16th Annual Mountain Bout, Snowbird, UT
August 9 Wolverine Ridge XC Race, Double Points!, Regional Finals, Evanston, WY

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Much
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Calendar - Continued from page 11

- August 9** — Saturn Cycling Classic, "The Race", Boulder to Breckenridge, 140 miles, plus Nicole Reinhart Criterium, (303) 443-7020
- August 9** — Spectrum Festival of Speed Criterium, Boise, (208) 343-3782
- August 12** — Idaho Cycling Enthusiasts Criterium Series, Pocatello, ID, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu
- August 16** — Table Rock HC RR, Boise, ID, (208) 867-2488
- August 17** — Day at the Track, Road/Track, Boise, ID, (208) 343-3782
- August 23** — Stanley Challenge, Boise, ID, (208) 867-2488
- September 6-7** — Intermountain Orthopaedics Idaho State RR and Criterium Championships, Boise, ID, Kurt Holzer at (208) 890-3118
- September 13** — Race to the Angel, 17th Annual, Wells, NV, (775) 752-3540
- September 13** — Bogus Basin Hill Climb, Boise, ID, (208) 343-3782



Weekly Rides

- Mondays** — April - September — Wasatch Women's Cycling Club (WWCC) Weekly Ride: fun/easy -1 hr. ride, meeting at 6:00 p.m. at 1500 E 1500 S (by Einstein's). All welcome!, Melissa at (801) 466-6312.
- Mondays** — Park City Social Ride, 6 pm, easy pace, meet at Cole Sport, Park City, (435) 649-5663
- Tuesdays** — Weekly Tour of Heber Valley, meet at Heber Mountain Sports, 160 S Main St., Heber. 32 miles at a medium pace (Avg. 16-18 mph). Perfect for learning pace lines. (435) 657-1950.
- Wednesdays** — Weekly Tour of Heber Valley, meet at Heber Mountain Sports, 160 S Main St., Heber. 20 miles at a leisurely pace (Avg 10-14 mph) (435) 657-1950
- Thursdays** — Weekly Race around Heber Valley, meet at Heber Mountain Sports, 160 S Main St., Heber. 34 miles at a crisp pace with sprint zones (Avg 19-24 mph). Great for fine tuning the legs. (435) 657-1950
- Thursdays** — Park City Tempo Ride, 6 pm, fast paced, meet at Cole Sport, Park City, (435) 649-5663
- Saturday's in March** — Wasatch Women's Cycling Club intermediate weekly road ride, meet at 11:00 a.m. at Golsan Cycle (4678 S Highland Dr). -2 hrs, www.wccutah.org or Melissa at (801) 466-6312.
- Weekend Group Rides** — Saturday and Sunday, 10 am, meet at 9th and 9th in Salt Lake City.
- Sunday Group Ride** — 9 a.m., Canyon Bicycles in Draper, 762E., 12600 S., (801) 576-8844



Road Tours

March 7-10 — The Moab Skinny Tire Festival. A Lance Armstrong Peloton Project Event, Four days of group road rides and events in the striking landscape in and around Arches and Canyonlands National Parks. For more information about the festival, including registration materi-

- als, Poison Spider Bicycles at (435) 259-3052.
- April 5** — Cactus Hugger Road Ride, 42, 72 or 100 miles, Xetava Gardens, Kayenta/Ivins, St. George, (435) 656-2422 or (435) 635-5181
- April 26** — Color Country Century, 100 miles through Cedar Valley from New Harmony to Parowan, (435) 586 5210 or (435) 559-2925
- May 3-4** — The "X" Rides, 2 fun rides on and off Nevada's Extraterrestrial Highway, Rachel, NV, near Area 51, (800) 565-2704
- May 10** — Yellowstone Spring Cycling Tour 2003, (406) 646-7701
- May 18** — Great Salt Lake Bird Festival presents "Celebrating the flight of shorebirds and the human spirit" 2002 Fun Run/Walk Ride, start 7:30 A.M., check-in 6:30 A.M., Antelope Island State Park, Bikes will ride the new East Side Road, and/or Mountain View Trail, 11 miles round trip, Proceeds benefit the Shorebird Sister Schools, This non-competitive ride is in conjunction with Great Salt Lake Bird Festival, Davis County FairPark in Farmington, Utah, Davis County Tourism, 801-451-3286
- May 17** — Cycle Salt Lake Century Ride, 31, 67, or 100 mile options. Sponsored by Cycle Salt Lake Century, Inc. a non-profit organization. Proceeds benefit local cycling organizations and advocacy groups. www.cyclesaltlakecentury.com (801) 596-8430 or Fax (801) 322-5056 or jonrsmith@mac.com
- May 31 - June 1** — Tour de Cure, 40, 60 and 100-mile routes, raise money for the American Diabetes Association, Box Elder High School, Brigham City, UT, Nikki Whye at (888) 342- 2383 x7075
- June 1** — America's Most Beautiful Bike Ride, 35, 72, 100 miles, benefit for the Leukemia Society, Lake Tahoe, NV, (800) 565-2704
- June 7** — Little Red Riding Hood, women-only ride, Cache Valley, (801) 947-0338
- June 20** — Annual Antelope by Moonlight Bike Ride, 10:00 P.M. start, check-in begins at 8:30 p.m., Davis County Causeway, Antelope Island State Park entrance This a popular non-competitive ride, held at night during the full-moon. Ride along the Great Salt Lake on the Davis County causeway and on to Antelope Island State Park. Views are spectacular, food is delicious. Registration fee includes park entry, t-shirt and refreshments, 20 miles round trip, Neka Roundy, Davis County Tourism, (801) 451-3286
- June 22-27** — Utah Border to Border Tour, (801) 556-3290
- June 28-29** — MS 150 Bike Tour, Benefits MS Society, Cache Valley Fairgrounds (400 South 500 West, Logan, Utah), (801) 493-0113
- June 28** — Comstock Silver Century Historical Tour, Genoa / Carson Valley, NV, (800) 565-2704
- June 28** — Killer Loop, a 66 or 100 mile loop from Cedar City through Brianhead and Back to Cedar. This ride features 8000 plus feet of climbing at altitudes up to 10,400 feet. (435) 586-7567
- June 28** — Tour of Marsh Creek Valley, fully supported ride, options of 25, 62, or 100 miles on the lonely roads that traverse the lovely country between Pocatello and Malad Pass, Rob Van Kirk at 208-282-2503 or vankrobe@isu.edu
- July 4-6** — Northwest Tandem Rally, Eugene, OR, (541) 485-8643
- July 13-19** — Bicycle Idaho, Melba to Ketchum to Melba, (541) 385-5257
- July 19-20** — Idaho MS 150 Bike Tour, Three Island Crossing State Park, Glenn's Ferry, ID, (208) 388-

- 1998 ext. 2 or (208) 342-2881
- August 3-8** — Bear Lake, Northern Utah & Southern Idaho Tour, (801) 556-3290
- August 10** — Blue Cross Century Ride, Boise, ID, (208) 343-3782
- August 16** — ULCER, Century Tour around Utah Lake, (801) 947-0338
- August 30** - Cache Valley Century Tour - 100 mi/100 km. Hosted by the Cache Valley Veloists Bicycle Touring Club. 7AM registration/check in at Richmond City Park, 12 mi north of Logan on Hwy 91. Registration fee for members \$12 (early) \$15 day of ride; non-members \$15 (early), \$18 day of ride. Fee includes rest stops, lunch and t-shirt. For information and forms 435-713-0212.
- August 31 - September 5** — SPUDS - Fall Harvest, Salmon to Rexburg, Idaho, 1-866-45-SPUDS
- August 31 - September 6** — BBTC Southern Utah Parks Tour, (801) 947-0338
- September 7** — Tour de Tahoe, ride around Lake Tahoe, 72 miles, Lake Tahoe, NV, (800) 565-2704
- September 7-13** — Southern Utah National Parks Tour, (801) 596-8430
- September 8-13** — WYCYC XIV, ride across Wyoming, Jackson Hole to the Bighorns, Cyclevents, 1-888-733-9615.
- September 20** — Cycle For Life, (801) 272-1302
- September 21-27** — OATBRAN, One Awesome Tour Bike Ride Across Nevada, following the Legendary Pony Express Trail on U.S. Hwy. 50 - America's Loneliest Road, 5 days of riding, 420 miles from Lake Tahoe to Great Basin National Park, (800) 565-2704
- September 28 - October 4** — CANYONS II - A Ride Across Southern Utah, Springdale to Blanding, 1-866-CycleUT
- October 4** — Yellowstone Fall Cycling Tour 2003, (406) 646-7701
- October 12-17** — Monument Valley & 4 Corners Tour, (801) 556-3290
- October 18** — Las Vegas Century, 37, 62, or 100 miles, benefits Ronald McDonald House, (702) 407-3077

COACH'S CORNER

Race, Race, Race

By Bill Harris

As a coach I'm often asked, "what does it take to be a good racer?" The answer is that there are a lot of components to becoming a good racer, but the two most important are your fitness and experience. Believe it or not the fitness part is the easy stuff. I say that as I just about made myself puke on the indoor trainer, but the fact is training for bike racing is not rocket science.

Training for improved fitness and racing just requires a well thought out plan and then consistent execution of the plan. But gaining the experience to be a good bike racer is another story. Many people spend the whole cycling season training hard for one or two big races (Snowbird and LOTOJA) only to be disappointed when the results are not what they had hoped. Typically these one or two races are the only races these disappointed cyclists entered all year. They may have the fitness of a good racer, but they lack the race smarts.

Racing is MUCH more than your fitness. I often refer to racing as chess on wheels. There are lots of tactics and strategies that go into winning a game of chess, just as in winning a bike race. If you sat down and played a game of chess without knowing the rules and strategies, you would get beat every time. The same goes for bike racing. The only way to get good at either of these games is to play often.

Fortunately for those in Utah you have a wonderful opportunity to race often from March through September. I dare say we have the best racing series in the whole country. The racing in Utah starts in March at the Rocky Mountain Raceway and by April you could race up to five times per week all the way through September. I don't suggest you race five times a week, but I do suggest you race at least once a week the whole season if you want to improve. As you race often, learn from your mistakes and keep plugging away until the results come. Do not get discouraged, it takes time to learn the game of bike racing. Commit yourself to a whole season just to learn and then the following season you can come out to play and win. See you at the races.

For a complete schedule of races check this paper or log on to www.cyclingutah.com

Bill Harris has coached regional, national, Olympic and World Champions in three different sports. To contact Bill about his cycling coaching services send e-mail to bill@yellowjersey.com or check out his website at www.yellowjersey.com



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Cycling Utah's 2003 Bicycle Club Guide

Club Guide - Continued from page 8

Heathen Gentile Hairdresser Ride". Come Ride our Utah county roads and see what you're missing.

Rocky Mountain Cycling Club

Sponsors - Rhodes bake-n-serve bread, Century 21 Elite

Contact - Mike Sherman, 801-485-9291, Michael0965@hotmail.com

Website - www.rmconline.com

Type of Cycling - Road racing and touring

Location - Salt Lake City, UT

Club Statement - RMCC is the one of the oldest cycling clubs in Utah. We have over 100 members of all skill levels including women and juniors. We sponsor weekly criteriums (Rocky Mountain Raceway Tuesday nights) and the RMCC Downtown Criterium the second Saturday of May. We also have weekly rides on Thursday nights (Emigration Canyon hill climb) and weekends. We also have 2-3 parties a year. All ages and skill levels are welcome. Membership benefits include club clothing and discounts at local bike shops.

RuÒte VelÓce Cycling Club (RVCC)

Sponsors - Bountiful Mazda

Contact - Gary Gardiner, (801) 295-6943, Rob Lemberes, (801) 495-1971, ruoteveloce@att.net

Website - None

Type of Cycling - Road, Limited Mountain Rides

Location - Davis County, Salt Lake County

Club Statement - RVCC was founded in 1995 to bring together road cyclists of all ability levels and ages in the South Davis County and Salt Lake County area. RVCC currently has approximately 45 members from Utah County to Ogden, ranging in age from 17 to 55. RVCC's objectives are as follows:

To promote the sport of road cycling.

Allow road cyclists to participate in group rides and train for local and regional road races.

Regular club involvement in charitable events.

Provide road cyclists an opportunity to form friendships with fellow cyclists.

Represent cycling, and its sponsors in a professional and safe manner.

We meet every Thursday, March through September at Bountiful Mazda. We leave at 5:30 p.m. sharp. There are also rides on Tuesday, Wednesday and Saturday. The information for the other rides can be attained via e-mail, as the start times and locations differ from week to week.

Southwestern Utah Bicycle Touring Association (SWUBTA) "Cactus Huggers"

Sponsors - We are a chapter of the Bonneville Bicycle Touring Club

Contact - Lucy Ormond, 435-635-6181, clucygo@msn.com

Website - Club Website: www.bbtc.net then SWUBTA

Type of Cycling - Recreational road touring

Location - St. George, UT

Club Statement - Organized 3 years ago, the focus of SWUBTA is to meet the needs of recreational cyclists who enjoy touring the beautiful quiet back roads of Southern Utah. We also sponsor a great century the first weekend of April annually. We schedule a ride every Saturday and Sunday year round. Many of our members also do day rides during the week. If you are ever in the area for a weekend, join us for a ride. Our main event is The Cactus Hugger Century which is scheduled for April 5, 2003.

Taylor's Bike Shop

Sponsors - Taylor's Bike shop/ Giant Bikes / Cafe Rio

Contact - Aaron Mullins, (801) 852-7266, AD3101@hotmail.com

Website - www.taylorsbikeshop.com

Type of Cycling - Mountain and Road

Location - Provo, UT

Club Statement - Our team is small, and we are not out to win team titles. Taylors Bike Shop is committed to being involved with the Utah cycling community, and maintain and family oriented bike shop. The bike shop would prefer to sponsor individuals on a case by case basis, for a longer commitment.

Team Sugar

Sponsors - White Pine Touring, Gary Fisher, Clif Bar, Sports Instruments, Smith

Contact - Brook Shinsky, (435) 649-8710 or (435) 631-0199, brookdogg@hotmail.com

Website - none

Type of Cycling - MTB Cross Country Racing

Location - Park City, UT

Club Statement - Team Sugar is a group of nine women whose goals go way beyond simply kicking butt. We are dedicated to increasing the level of participation of women in the sport of mountain biking. We will be guiding weekly women's clinics out of White Pine Touring in Park City starting this spring.

Team T&T

Sponsors - T&T Bike and Ski

Contact - Trudy Truss, 801-944-8038, tnt@altacam.com

Website - altacam.com

Type of Cycling - Road, Mtn XC and DH, some duathlon

Location - Sandy, UT

Club Statement - We are a small club with many years of experience in racing among the principles. Our goal is for our Masters to pass on their experience to Junior and Espoir riders, helping them learn about the history, training, and tactics of cycling. Our mission: to have fun passing on our passion for cycling.

ULTRA (Utah League of Tandem Riding)

Sponsors - Addicts)

Contact - Ken Bertran, webmaster@ultra-tc.org, (801-322-0510)

Website - www.ultra-tc.org

Type of Cycling - Social Tandem Riding

Location - Wasatch Front

Club Statement - We organize informal social tandem rides and exchange information about tandems and tandeming. Scheduled rides are once a month with more frequent show and goes. We put on a ride for visually impaired riders once a year.

Wasatch Women's Cycling Club (WWCC)

Sponsors - Herpevac, Pricewaterhouse Coopers, Golsan Cycles, Clif Bar, Rudy Project, Aros.net, Louis Garneau

Contact - Jill Wilkerson-Smith, jill@wwccutah.org

Website - www.wwccutah.org

Type of Cycling - Road racing and recreational road riding

Location - Salt Lake City

Club Statement - Wasatch Women's Cycling Club (WWCC) was created to encourage growth in women's recreational and competitive road cycling in Utah. WWCC offers a nurturing environment for women by offering education, encouragement and support to its members to achieve their cycling goals.

The X-Men

Sponsors - Canyon Bicycles

Contact - Thomas Cooke, 435-649-5663, x-men@burgoyne.com

Website - www.x-mencyclingteam.com

Type of Cycling - Road racing, mountain bike racing, cyclocross racing, and recreational riding.

Location - Park City, Utah

Club Statement - The X-Men Cycling Team was founded in 1995 as an alternative to the "powers that be" in Utah bike racing. Going forward in 2003, the X-Men have become one of the "powers that be" in Utah racing yet try to remain alternative. 2002 was a great year for the team, sweeping the top 2 overall individual spots in the CRIT series and taking team Overall honors and team honors in all three CRIT SERIES events (RMR, DMV, Saltair Time Trial). We are also proud to have a current National Champion on our roster; local strongman and coaching guru Bill Harris. 2003 promises to be even more exciting with the launch of the Junior X-Men Team.

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Collegiate Teams

The Cycling Utes (University of Utah Cycling Team)

Sponsors - Golsan Cycles
 Contact - Josh Henderson, (801) 455-6067, thecyclingutes@hotmail.com, Road team Captain: Kevin Baumgartner, (801) 556-8549, utecycling@hotmail.com
 Website - under construction
 Type of Cycling - Road and mountain racing, and all recreational riding
 Location - University of Utah (campus recreation services)

Club Statement - The Cycling Utes are a fairly new club. We are starting our second season as part of the NCCA. Last year we took third place in division two of the rocky mountain region. Our goal is to increase the sport of cycling on the University of Utah campus, and help students realize there are more sports out there than just football and basketball. We have strong committed members that are willing to do what it takes to let people know that Utah is the power house for great cyclists that should not be dealt with lightly.

Utah State University Cycling Team

Sponsors - Electrical Wholesale Supply / Utah State University
 Contact - Tommy Murphy / Heidi Snow, 435-787-8556 or 435-753-3294, TMurph@cc.usu.edu
 Website - www.usu.edu/cycling
 Type of Cycling - Road, Mtn, Cyclo-X, NCCA Affiliated
 Location - Utah State University, Logan, Utah

Club Statement - The USU Cycling Team was established in 2000 to offer USU students the opportunity to race under the governing body of the National Collegiate Cycling Association (NCCA). The USU Cycling Team competes in the Rocky Mountain Collegiate Cycling Conference against schools from Southern Idaho, Colorado, Wyoming, New Mexico and Utah. There are over 15 universities that compete in the Rocky Mountain Conference including local rivals Weber State University and University of Utah. During the spring of 2002 the USU Cycling Team hosted weekly NCCA RMR Crits in conjunction with the Utah Cycling Association. These were amongst the first ever NCCA races held in Utah. Following the success of the RMR Crits, USU Cycling also hosted the 2002 Mean Green Mtn. Bike Race and 2002 Sherwood Hills Cranker. These races are also in the works for 2003. This spring we are teaming up with Weber State University to host a weekend of NCCA Crits on April 5&6 at both Campuses. In order to race with an NCCA team, individuals must be an enrolled student of the sponsoring university,



Porcupine/Bicycle Center Rider and Cycling Utah contributor Nichole Wangsgaard at the Redline Cup photo: Dave Iltis

purchase a NORBA or USCF collegiate racing permit, fulfill all NCCA eligibility guidelines and sponsoring club and university guidelines. Many university cycling programs such as USU's also offer regular club memberships for non-students.

WSU Cycling Club

Sponsors - Harristone, The Bike Shoppe
 Contact - Martin Rizer, 801-689-4754
 Website - clubs.weber.edu/cycling
 Type of Cycling - Collegiate Road and MTB Racing/ With recreational community road and MTB rides
 Location - Weber State University, Ogden, Utah

Club Statement - We race collegiately and regionally representing our college in both cycling and mountain biking. In our organization, emphasis is placed on fitness, recreation, biking as a means of transportation, and collegiate competition for those who choose.

BYU Cycling (no information)

Regional Clubs

Idaho Cycling Enthusiasts (ICE)

Sponsors - Idaho Orthopaedic and Sports Medicine Clinic at Idaho State University
 Contact - Rob Van Kirk, 208-282-2503, vankrobe@isu.edu
 Website - www.idahocycling.com
 Type of Cycling - road racing, road touring, mt. bike racing/recreational
 Location - Pocatello, Idaho

Club Statement - ICE is primarily a road club that promotes road touring, commuting and racing in the Pocatello area. The club is about five years old and is the current incarnation of a series of clubs that have existed in Pocatello over the years. ICE promotes a Tuesday night criterium series, now in its seventh year, the Tour of Marsh Creek Valley, now in its 6th year, and the Gate City Grind Stage Race, now in its 5th year. In addition, ICE members help in conducting the cycling events at the Idaho Special Olympics State Games in Pocatello, and ICE has been active in promoting the creation and maintenance of bike paths in and around Pocatello.

Lactic Acid Cycling

Sponsors - World Cycle, Treetop Technology, Idaho Sports Medecine Institute, American Classic, Cateye, Chipman Coins, Giro, Smith Sport Optics, Powerbar, Voler
 Contact - Michael Coffman, (208) 386-9711, BoiseMike@aol.com
 Website - www.lacticacidcycling.org
 Type of Cycling - Road and Mtb Racing, Road and Mtb Recreational rides
 Location - Boise, ID

Club Statement - Lactic Acid Cycling is an unincorporated, nonprofit association dedicated to promoting cycling in the Treasure Valley. The club is made up of members with diverse backgrounds and a wide range of ages. We support the development of Junior riders and racers, a well organized recreation group, and a men's and women's race team. Over the past seven years, Lactic Acid Cycling has been very successful in sustaining its annual goals, with 2003 looking to be another great year.

UCJH-United Cyclist of Jackson Hole

Sponsors - Jackson Hole Mountain Resort, Pearl Street Bagels, Hoback Sports, The Edge Sports, Teton Cycleworks, Wilson Backcountry Sports, Zandler Chiropractic, JH Athletic Club, Biemme, Northwave, Limar
 Contact - Troy Barry, twbarry@juno.com
 Website - www.ucjh.org
 Type of Cycling - Mtb Racing, Trail Advocacy, Trail improvement, club training
 Location - Jackson, WY

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WOMEN'S CHALLENGE TO END 19-YEAR RIDE

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Boise, Idaho, January 27, 2003 – Race organizers announced that the Women's Challenge, an international stage bicycling race held annually in Idaho since 1984, has been cancelled. Nebraska-based ConAgra Foods notified race officials last week that they had reconsidered their plans to become title sponsor of the 2003 event and pulled funding, too late to save the event.

"This will leave a huge hole in U.S. cycling," said Kristin Armstrong, a Boise-based cyclist and 13th overall winner of last year's race. "The Women's Challenge has brought a lot to my life and cycling career. I would not have had the opportunity to sign on with an international team without this race." Armstrong, who signed with international race team T-Mobile, says she does not know how her racing schedule will be impacted by the cancellation.

"It was a great run," said race founder and executive director Jim Rabdau. "We are proud of the job we have done and thankful to the hundreds of outstanding volunteers, Idaho's dedicated local and state officials and our good friends in so many communities who came together over the last 19 years for these world-class athletes." Rabdau is widely credited with elevating the sport of women's cycling, creating grueling courses deemed too tough for women by the Union Cyclist International (UCI). The race became a sanctioned UCI event in 1994.

During its history, the Women's Challenge has hosted athletes from 29 countries, including South Africa, Korea, Lithuania, and China. Over one million dollars in prize money has been distributed. Last year's event featured 90 athletes from 16 countries. The race was a 9-day event that covered nearly 550 miles across the state of Idaho. Total prize winnings were \$75,000.

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Notes from the Editor

By **Dave Iltis**
Editor

It doesn't look much like spring today, but we all know that it is just around the corner and with it comes another year of coverage of Utah's cycling community. This is Cycling Utah's first issue of our eleventh season! In these pages, you can find a complete calendar of events with over 200 rides, races, festivals, and swaps.

Club Guide

In this issue, we also have a comprehensive club guide. Do you ride a lot? Or, just a little? Do you like socializing while you ride or hanging out afterwards? Do you want to explore new trails? If you are not already a member of a bike club, think about joining one. They are a great way to meet people and to have an instant bunch of riding buddies.

If you are into racing, a club is the only way to go. You can learn tactics from your teammates, train with them, and provide each other with crucial race support. Plus, whether you race road with the Utah Cycling Association or dirt in the Intermountain Cup, you can participate in the team points competition, but only if you are a club member.

If you are a tandemizer, check out the listing for ULTRA. If you want to tour or ride centuries, BBTC or Color Country Cycling Club are good options for you.

If you mountain bike, there are a myriad of clubs that ride in the dirt as well as the road.

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BBTC Southern Utah Parks Tour
August 31—Sept. 6
White Rim MTB Tour
Sept. 18 to 20,
Buffalo Biker MTB Event Sept. 27

Plus, if you join a club, you can often get shop discounts, psychedelic lycra clothing, a newsletter, and great opportunities to participate in our cycling community.

The Cycling Utah Club Guide starts on page 6.

Upcoming Events

Is your garage full of wheels and bikes? Do you yearn for your garage to be full of wheels and bikes? Then check out the Sports-Am Bike Swap on March 15th at the fairgrounds.

Also this month, the Rocky Mountain Raceways Criterium Series gets underway with races every Saturday at noon. This is a great place to try road racing. It's a closed course and the entry fee is low.

On April 5-6, the Tour of Canyonlands hits Moab. This is a huge race with both cross-country and downhill races.

On April 5th, the WSU Circuit race kicks off the UCA points series.

If your tired of the cold, visit Southern Utah and try the Cactus Hugger Century also on April 5th.

For information and contact numbers on all of these events, see the calendar section on page 14 or visit cyclingutah.com

Website News

This year, cyclingutah.com introduces a new discussion forum section. This is a great place to chat about whatever is going on out on the roads and trails. Visit cyclingutah.com and follow the links.

If you would like your club or event listed, have a letter to editor, or feedback, please email dave@cyclingutah.com

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